

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D. C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) **October 31, 2003**

MGP Ingredients, Inc.
(Exact name of registrant as specified in its charter)

KANSAS
(State or other jurisdiction
of incorporation)

0-17196
(Commission
File Number)

48-0531200
(IRS Employer
Identification No.)

1300 Main Street
Box 130
Atchison, Kansas 66002
(Address of principal executive offices) (Zip Code)

(913) 367-1480
(Registrant's telephone number, including area code)

Item 7. Exhibits

99.1 Press Release dated October 31, 2003, furnished solely for the purposes of incorporation by reference into Item 9 herein.

Item 9. Regulation FD Disclosure.

Attached as Exhibit 99.1 and furnished solely for the purposes of incorporation into this Item 9, is a press release which was issued on October 31, 2003, by MGP Ingredients, Inc.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

MGP INGREDIENTS, INC.

Date: October 31, 2003

By: /s/ Laidacker M. Seaberg
Laidacker M. Seaberg
President and Chief Executive Officer

INDEX TO EXHIBITS

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1300 Main Street, P.O. Box 130 • Atchison, Kansas 66002-0130
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www.mgpingredients.com • Symbol/Market: MGPI/NASDAQ

NEWS RELEASE

Contact: Steve Pickman at 913-367-1480

FOR IMMEDIATE RELEASE:

UFCW RATIFIES CONTRACT WITH MGP INGREDIENTS OF ILLINOIS

ATCHISON, Kan., October 31, 2003—United Food and Commercial Workers Union Local 4D yesterday ratified a new four-year contract with MGP Ingredients of Illinois, Inc., a wholly-owned subsidiary of MGP Ingredients, Inc. The contract becomes effective tomorrow, succeeding one that has been in effect since Nov. 1, 2000.

“Negotiations which led to the ratification of this contract were very constructive,” said Dave Rindom, vice president of human resources. “The union negotiating committee is to be commended for the time and effort that was put into this process and for helping maintain a positive environment and productive communications throughout our discussions.”

Changes in the new contract include improvements in wage and retirement benefits.

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