

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D. C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) **December 8, 2003**

MGP Ingredients, Inc.
(Exact name of registrant as specified in its charter)

KANSAS
(State or other jurisdiction
of incorporation)

0-17196
(Commission
File Number)

48-0531200
(IRS Employer
Identification No.)

1300 Main Street
Box 130
Atchison, Kansas 66002
(Address of principal executive offices) (Zip Code)

(913) 367-1480
(Registrant's telephone number, including area code)

Item 7. Exhibits

99.1 Press Release dated December 8, 2003, furnished solely for the purposes of incorporation by reference into Item 9 herein.

Item 9. Regulation FD Disclosure.

Attached as Exhibit 99.1 and furnished solely for the purposes of incorporation into this Item 9, is a press release which was issued on December 8, 2003, by MGP Ingredients, Inc.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

MGP INGREDIENTS, INC.

Date: December 8, 2003

By: /s/ Laidacker M. Seaberg
Laidacker M. Seaberg
President and Chief Executive Officer

INDEX TO EXHIBITS

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913.367.1480 • 800.255.0302 • Fax 913.367.0192
www.mgpingredients.com • Symbol/Market: MGPI/NASDAQ

NEWS RELEASE

Contact: Steve Pickman at 913-367-1480

FOR IMMEDIATE RELEASE:

GROWTH OPPORTUNITIES DRIVE ANOTHER EXPANSION AT MGPI'S KANSAS CITY FACILITY

ATCHISON, Kan., December 8, 2003—The Board of Directors of MGP Ingredients, Inc. (MGPI/Nasdaq) has approved plans for a \$1.7 million expansion at the company's facility in Kansas City, Kan. This project is in addition to a \$3.8 million expansion that was launched at the facility last March and which is slated for completion in early 2004.

"As with the current expansion work, this new project is being initiated to enable us to meet additional growth opportunities by increasing our output capabilities for our Wheatex® line of textured wheat proteins, as well as our Polytriticum™ line of wheat protein- and starch-based resins," said Ladd Seaberg, president and chief executive officer. He explained that the project will involve the installation of new equipment to increase production capacity and improve packaging capabilities at the plant which MGPI acquired in February, 2001.

The company's Wheatex® ingredients are sold principally for use in meat replacement and meat extension applications. Produced in multiple sizes and shapes ranging from small, crumb-like particles to shredded pieces and large flakes, Wheatex® can also be used in the production of protein-enhanced snack foods and other grain-based products. The Polytriticum™ resins, which are produced in a separate section of the facility, are used in the manufacture of pet chews and environmentally-friendly products, such as naturally degradable plastic-like golf tees, eating utensils and similar items.

"As new opportunities to serve the needs of our customers materialize, the Kansas City facility is proving to be an increasingly valuable asset to the company" said Mike Trautschold, executive vice president of marketing and sales. "It complements both our Atchison, Kansas and Pekin, Illinois operations, strengthening our ability to develop and grow our specialty ingredients," he added.

MGPI is an innovative producer of ingredients and alcohol products derived from grain. In addition to its Wheatex® and Polytriticum™ lines, the company produces an array of specialty proteins and starches for bakery and prepared food applications, as well as for use in personal care products.

This news release contains forward-looking statements as well as historical information. Forward-looking statements are identified by or are associated with such words as "intend," "believe," "estimate," "expect," "anticipate," "hopeful," "should," "may" and similar expressions. They reflect management's current beliefs and estimates of future economic circumstances, industry conditions, company performance and financial results and are not guarantees of future performance. The forward-looking statements are based on many assumptions and factors, including those relating to grain prices, gasoline prices, energy costs, product pricing, competitive environment and related marketing conditions, operating efficiencies, access to capital, actions of governments or government officials and actions of insurers. Any changes in the assumptions or factors could produce materially different results than those predicted and could impact stock values.

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