UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) October 20, 2008

MGP Ingredients, Inc.

(Exact name of registrant as specified in its charter)

Kansas (State or other jurisdiction

of incorporation)

0-17196 (Commission File Number)

48-0531200 (IRS Employer Identification No.)

100 Commercial Street, Box 130, Atchison, Kansas

(Address of principal executive offices)

66002 Zin Code

(Zip Code)

Registrant's telephone number, including area code: (913) 367-1480

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- [] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

Attached as Exhibit 99.1, and incorporated into this Item 7.01 by reference, is a press release which was issued on October 20, 2008, by the Company.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press Release dated October 20, 2008 furnished solely for the purpose of incorporation by reference into Items 7.01 and 9.01.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

MGP Ingredients, Inc.

Date: October 20, 2008 By: /s/ TIMOTHY W. NEWKIRK

Timothy W. Newkirk

President and Chief Executive Officer

INDEX TO EXHIBITS

99.1 Press Release dated October 20, 2008 furnished solely for the purpose of incorporation by reference into Items 7.01 and 9.01.

MGP Ingredients Signs Letter of Intent for Flour Supply Agreement With ConAgra Mills

ATCHISON, Kan., Oct. 20, 2008 (GLOBE NEWSWIRE) -- MGP Ingredients, Inc. (Nasdaq:MGPI) today signed a non-binding letter of intent to enter into an agreement with ConAgra Mills whereby ConAgra would supply the company's wheat flour requirements for use in the production of protein and starch ingredients.

MGPI has supplied its own flour since acquiring the Pillsbury Company's Atchison mill in 1987. The mill has been used to provide flour as the raw material for MGPI's protein and starch manufacturing processes in both Atchison and Pekin, IL. "At that time, and for many years after, the mill was operated at efficient, relatively stable capacity levels," said Tim Newkirk, president and chief executive officer. "In more recent years, however, utilization of the mill's capacity has been extremely erratic. This is due to a number of factors, including changing market dynamics, changes in our protein and starch product mix requirements, and volatile wheat prices, which reached record highs during our 2008 fiscal year. Very simply put, wheat milling as a component of our overall ingredient solutions value chain is not a step in which MGPI can uniquely create value. As such, we are exploring alternative methods for obtaining the raw material for our ingredient solutions products."

Newkirk indicated that the supply agreement with ConAgra Mills could become effective within the next month pending the outcome of further negotiations. "In the meantime, we have discontinued operations at our mill effective today," he said. "Unfortunately, this situation necessitates an adjustment in our workforce numbers. This adjustment involves temporary lay-offs affecting 32 positions. Simultaneously, we are offering early retirements to an additional 12 employees."

Newkirk added, "From a personnel standpoint, the discontinuation of our milling operations at this time is a difficult and painful decision. However, it is one that we find necessary for the good of the business and our overall workforce, as well as is in the best interest of our stockholders. This potential change will also enable us to more effectively serve our customers by concentrating on those areas of our operations that can create greater value for them."

Cautionary Note Regarding Forward-Looking Statements

This news release contains forward-looking statements as well as historical information. Forward-looking statements are usually identified by or are associated with such words as "intend," "plan", "believe," "estimate," "expect," "anticipate," "hopeful," "should," "may," "will," "could" and or the negatives of these terms or variations of them or similar terminology. They reflect management's current beliefs and estimates of future economic circumstances, industry conditions, company performance and financial results and are not guarantees of future performance. All such forward-looking statements are subject to certain risks and uncertainties that could cause actual results to differ materially from those contemplated by the relevant forward-looking statement. Important factors that could cause actual results to differ materially from our expectations include, among others: (i) the availability and cost of grain, (ii) fluctuations in gasoline prices, (iii) fluctuations in energy costs, (iv) competitive environment and related market conditions, (v) our ability to realize operating efficiencies, (vi) the effectiveness of our hedging programs; (vii) access to capital and (viii) actions of governments. For further information on these and other risks and uncertainties that may affect the company's business, see Item 1A. Risk Factors in the company's Annual Report on Form 10-K for the fiscal year ended June 30, 2008.

CONTACT: MGP Ingredients, Inc. Steve Pickman 913-367-1480