UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) October 15, 2009

MGP Ingredients, Inc.

(Exact name of registrant as specified in its charter)

0-17196 (Commission File Number)

48-0531200 (IRS Employer Identification No.)

100 Commercial Street, Box 130, Atchison, Kansas (Address of principal executive offices)

66002 (Zip Code)

Registrant's telephone number, including area code: (913) 367-1480

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

[] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

[] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

[] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

Attached as Exhibit 99.1, and incorporated into this Item 7.01 by reference, is a press release which was issued on October 15, 2009, by the Company.

Item 9.01. Financial Statements and Exhibits.

Kansas (State or other jurisdiction

of incorporation)

(d) Exhibits.

[]

99.1 Press Release dated October 15, 2009 furnished solely for the purpose of incorporation by reference into Items 7.01 and 9.01.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: October 15, 2009

MGP Ingredients, Inc.

By: <u>/s/ TIMOTHY W. NEWKIRK</u> Timothy W. Newkirk

President and Chief Executive Officer

INDEX TO EXHIBITS

99.1 Press Release dated October 15, 2009, furnished solely for the purpose of incorporation by reference into Items 7.01 and 9.01.

MGP Ingredients to Webcast Annual Meeting October 22, 2009

ATCHISON, Kan., Oct. 15, 2009 (GLOBE NEWSWIRE) -- MGP Ingredients, Inc. (Nasdaq:MGPI) today announced that the company will host a webcast of its Annual Meeting of Stockholders to be held Thursday, October 22, 2009 beginning at 10:00 a.m. (central time) at the Presbyterian Community Center, Atchison, Kansas. Persons may listen to the annual meeting and view a simultaneous presentation live via a link on the homepage of the company's website, www.mgpingredients.com. Interested individuals are encouraged to access the link to the webcast meeting 15 minutes prior to its commencement to ensure the availability of the necessary audio software. An archived edition of the meeting will be available for three months following the meeting via the same link.

The meeting will include a welcome and comments from John Speirs, Chairman of MGPI's Board of Directors, followed by a presentation by Tim Newkirk, president and chief executive officer. The presentation will include a review of fiscal 2009 financial highlights and a report on strategic business transformation actions and objectives.

In business since 1941, MGP Ingredients, Inc. is a recognized pioneer in the development and production of value-added, grain-based starches, proteins and food grade alcohol products for the branded packaged goods industry. The Company has facilities in Atchison, Kan., Pekin, Ill., and Onaga, Kan. that are equipped with the latest technologies to assure high quality products and to maintain efficient production and service capabilities.

CONTACT: MGP Ingredients, Inc. Steve Pickman Marta Myers 913-367-1480