

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) **June 11, 2010**

MGP Ingredients, Inc.

(Exact name of registrant as specified in its charter)

Kansas
(State or other jurisdiction
of incorporation)

0-17196
(Commission File Number)

48-0531200
(IRS Employer Identification No.)

100 Commercial Street, Box 130, Atchison, Kansas
(Address of principal executive offices)

66002
(Zip Code)

Registrant's telephone number, including area code: **(913) 367-1480**

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

Attached as Exhibit 99.1, and incorporated into this Item 7.01 by reference, is a press release which was issued on June 11, 2010, by the Company.

Item 9.01. Financial Statements and Exhibits.

(d) *Exhibits.*

99.1 Press Release dated June 11, 2010 furnished solely for the purpose of incorporation by reference into Items 7.01 and 9.01.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

MGP Ingredients, Inc.

Date: June 11, 2010

By: /s/ TIMOTHY W. NEWKIRK
Timothy W. Newkirk
President and Chief Executive Officer

INDEX TO EXHIBITS

99.1 Press Release dated June 11, 2010, furnished solely for the purpose of incorporation by reference into Items 7.01 and 9.01.

MGP Ingredients, Inc. Board Approves Capital Project Designed to Enhance Distillery Production Capabilities and Provide Added Environmental Benefits

ATCHISON, Kan., June 11, 2010 (GLOBE NEWSWIRE) -- The Board of Directors of MGP Ingredients, Inc. (Nasdaq:MGPI) yesterday approved a major capital project designed to enhance alcohol production capabilities while providing environmental benefits at the company's Atchison, Kan., distillery operations. The project will involve the installation of a new, state-of-the-art water cooling system to replace older equipment used to supply water for multiple components of the distillation process. It is expected to be completed by the end of September 2011 at an estimated cost of \$7.4 million.

"The new system has been on the drawing board for some time as we have put considerable thought and planning into determining the best methods and technologies for meeting our needs, both short-term and long-term," said Tim Newkirk, president and chief executive officer. "We are very excited to launch this project, which ultimately will bolster our effectiveness in supplying customers, particularly our beverage and food grade industrial alcohol customers, while also ensuring compliance with environmental regulations well into the future."

According to Scott Phillips, vice president of supply chain and operations, the system "will be more efficient and, over time, should produce cost savings due to lower maintenance and repair costs compared to such costs associated with the existing system." He added that one of the more unique features of the new system "is its ability to continuously recycle water, thereby making water usage more efficient and reducing possibilities for waste throughout our alcohol production process."

In conjunction with the water recycling aspect, opportunities to entrap alcohol vapors within the system and prevent them from escaping during the distillation process will be substantially increased. "As a result, this will provide an additional advantage in an ecological sense, not just for the company, but for the local community in general," stated Scott Davids, MGPI's director of engineering services, who is overseeing the project.

Work on the project is scheduled to begin this summer. The design includes a 25% increase in cooling capacity to accommodate the potential for future production capacity increases. "Along with the heightened level of operational reliability that the new system will provide, this represents another big plus for our customers," Davids said.

About MGP Ingredients

In business since 1941, MGP Ingredients, Inc. is a recognized pioneer in the development and production of value-added, grain-based starches, proteins and food grade alcohol products for the branded packaged goods industry. The company has facilities in Atchison, Kan., and Onaga, Kan. that are equipped with the latest technologies to assure high quality products and to maintain efficient production and service capabilities.

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