UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) August 26, 2010

MGP Ingredients, Inc.

(Exact name of registrant as specified in its charter)

0-17196

(Commission File Number)

48-0531200 (IRS Employer Identification No.)

100 Commercial Street, Box 130, Atchison, Kansas

(Address of principal executive offices)

66002 (Zip Code)

Registrant's telephone number, including area code: (913) 367-1480

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- [] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

Kansas (State or other jurisdiction

of incorporation)

Attached as Exhibit 99.1, and incorporated into this Item 7.01 by reference, is a press release which was issued on August 26, 2010, by the Company.

Item 8.01. Other Events.

On August 26, 2010, the Board of Directors of MGP Ingredients, Inc. declared a dividend of five (5) cents per share on the company's common stock. The dividend is payable on October 6, 2010 to stockholders of record as of September 15, 2010.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press Release dated August 26, 2010 furnished solely for the purpose of incorporation by reference into Items 7.01 and 9.01.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, as amended, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

MGP Ingredients, Inc.

Date: August 26, 2010 By: /s/ TIMOTHY W. NEWKIRK

Timothy W. Newkirk

President and Chief Executive Officer

INDEX TO EXHIBITS

Press Release dated August 26, 2010 furnished solely for the purpose of incorporation by reference into Items 7.01 and 9.01.

MGP Ingredients Board Declares Dividend

ATCHISON, Kan., Aug. 26, 2010 (GLOBE NEWSWIRE) -- The Board of Directors of MGP Ingredients, Inc. (Nasdaq:MGPI) today declared a dividend of 5 cents (\$0.05) per share on the company's common stock. The dividend is payable on October 6, 2010 to stockholders of record as of September 15, 2010.

"The authorization of a dividend at this time is reflective of MGPI's solid financial footing and the board's confidence in the company's strategic growth initiatives," said Board Chairman John Speirs. "As previously announced, MGPI's earnings performance in fiscal 2010 represented a significant and remarkably rapid positive turnaround compared to the prior fiscal year's net loss. We view this as the start of new era of opportunity and success for the company under a reconfigured business model that focuses on providing high value products to a core group of customers in the branded consumer packaged goods industry. Similar to today's dividend declaration, any future dividends will be determined by the board based on the company's financial results and condition."

About MGP Ingredients

In business since 1941, MGP Ingredients, Inc. is a recognized pioneer in the development and production of value-added, grain-based starches, proteins and food grade alcohol products for the branded packaged goods industry. The company has facilities in Atchison, Kan. and Onaga, Kan. that are equipped with the latest technologies to assure high quality products and to maintain efficient production and service capabilities.

Cautionary Note Regarding Forward-Looking Statements

This news release contains forward-looking statements as well as historical information. Forward-looking statements are usually identified by or are associated with such words as "intend," "plan", "believe," "estimate," "expect," "anticipate," "hopeful," "should," "may," "will", "could", "encouraged", "opportunities", "potential" and/or the negatives of these terms or variations of them or similar terminology. They reflect management's current beliefs and estimates of future economic circumstances, industry conditions, Company performance and financial results and are not guarantees of future performance. All such forward-looking statements are subject to certain risks and uncertainties that could cause actual results to differ materially from those contemplated by the relevant forward-looking statement. Important factors that could cause actual results to differ materially from our expectations include, among others: (i) disruptions in operations at our Atchison facility, (ii) the availability and cost of grain and fluctuations in energy costs, (iii) the effectiveness of our hedging strategy, (iv) the competitive environment and related market conditions, (v) our ability to maintain compliance with all applicable loan agreement covenants (vi), the ability to effectively operate the Illinois Corn Processing, LLC ("ICP") joint venture, (vii) our ability to realize operating efficiencies, (viii) and actions of governments. For further information on these and other risks and uncertainties that may affect the company's business, see Item 1A. Risk Factors in the company's Annual Report on Form 10-K for the fiscal year ended June 30, 2009 and Quarterly Report on Form 10-Q for the quarter ended March 31, 2010.

CONTACT: MGP Ingredients, Inc. Steve Pickman 913-367-1480