FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO\	/AL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person 2. Issuer Name and Ticker or Trading Symbol HAVERTY MICHAEL R MGP INGREDIENTS INC [MGPI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)X_ Director 10% Owner										
C/O KAI 12TH ST	NSAS CIT	(First) Y SOUTHERN,	40 - TTTT 0 -	3. Date o 10/15/2			ransa	ction (Month/I	Day/Ye	ar)		Officer (give	e title below)	Oth	er (specify belo	ow)	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
KANSAS CITY, MO 64105																	
(Cit		(State)	(Zip)			,	Table	e I - Non-Deri	vative S	Securitie	s Acquired.	Disposed	of, or Bene	ficially Own	ed		
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year		2A. Deemed Execution Date, ir) (Month/Day/Yea		d Date, if	3. Tr Code (Inst	ransaction 4. (A	Securities Acquire (A) or Disposed of (nstr. 3, 4 and 5) (A) or		nired 5. Ar f (D) Ownor	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) 6. Ownership Form: Direct (D)			of Ir Ben Owr	ature ndirect eficial nership tr. 4)			
Reminder:	Report on a s	separate line for eacl	h class of securities b	peneficial	lly o	owned di	irectly	Person in this	s who form a	re not re	d to the co equired to valid OMB	espond	unless the	tion contain e form	ed SEC	1474	(9-02)
			Table II -					equired, Dispo				ed					
1. Title of Derivative Security (Instr. 3)		*****	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact	tion	5. Num of Deriva Securit Acquir (A) or Dispos of (D)	f Expiration Date (Month/Day/Year) lecurities (Month/Day/Year) Sec (In (In (D) (Instr. 3, 4, 1))		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivat Security Direct (or Indir	thip of I ive (y: (D) ect	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	V	(A)	(D)	Date Exercisable	Expir Date	ration	Title	Amount or Number of Shares					
Stock Options	\$ 4.50							04/13/2000	10/1	3/2009	Common Stock	2,000 (1)		2,000	D		
Stock Options	\$ 4.8125							04/12/2001	10/1	2/2010	Common Stock	2,000 (2)		2,000	D		
Stock Options	\$ 5.575							04/11/2002	2 10/1	1/2011	Common Stock	2,000 (3)		2,000	D		
Stock OPtions	\$ 3.25							04/11/2003	3 10/1	1/2012	Common Stock	2,000 (4)		2,000	D		
Stock Options	\$ 4.375							04/10/2004	10/1	0/2013	Common Stock	2,000 (5)		2,000	D		
Stock Options	\$ 9.09	10/15/2004		A		2,000		04/16/2005	5 10/1	4/2014	Common Stock	2,000	\$ 0	2,000	D		

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
HAVERTY MICHAEL R C/O KANSAS CITY SOUTHERN 427 WEST 12TH STREET KANSAS CITY, MO 64105	X						

Signatures

Michael R. Haverty	10/19/2004
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1, resulting in the reporting person's acquisition of 1,000 additional shares of stock options.
- (2) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1, resulting in the reporting person's acquisition of 1,000 additional shares of stock options.
- (3) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1, resulting in the reporting person's acquisition of 1,000 additional shares of stock ontions
- On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1, resulting in the reporting person's acquisition of 1,000 additional shares of stock (4) options.
- (5) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1, resulting in the reporting person's acquisition of 1,000 additional shares of stock ontions.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.