<b>FORM</b>	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses	)										
1. Name and Address of Reporting Person <sup>*</sup> LASATER GERALD D			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner		
(Last) (First) (Middle) 1300 MAIN STREET, P.O. BOX 130			3. Date of Earliest Transaction (Month/Day/Year) 02/25/2004						X_Officer (give title below)Other (specify below)Other (speci		
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person		
ATCHISON, KS 66	002										
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquiration				ies Acqui	ired, Disposed of, or Beneficially Owned			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	or Indirect (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock									870	D	
Common Stock									2,351	Ι	by Trust
Common Stock									4,749	Ι	by Spouse's Trust
Common Stock									29,136	Ι	By ESOP
Common Stock		02/25/2004		F		4,323	D	\$ 20.49	426	Ι	by Spouse's Trust
Common Stock		02/25/2004		М		3,500	А	\$ 9.3125	5,851	Ι	by Trust
Common Stock		02/25/2004		М		7,000	А	\$8	12,581	Ι	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

( <i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	tion []	of Deri Secu Acq (A) Disp of (l	ivative urities puired or posed D) tr. 3, 4,	Expiration Date (Month/Day/Year)		eable and 7. Title and Amount of Underlying Securities		Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form of Derivative Security: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$ 9.3125	02/25/2004		М			3,500	(1)	06/08/2011	Common Stock	3,500	\$ 0	0	D	
Employee Stock Option (right to buy)	\$ 8	02/25/2004		М			7,000	(2)	12/09/2009	Common Stock	7,000	\$ 0	0	D	

## **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
LASATER GERALD D 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002			Vice President					

# Signatures

Gerald D. Lasater	02/27/2004
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vested as follows: 1,750 shares on 6/8/02; 1,750 shares on 6/8/03.
- (2) The option vested as follows: 1,750 shares on 12/9/00; 1,750 shares on 12/9/01; 1,750 shares on 12/9/02; 1,750 shares on 12/9/03.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.