### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
Name and Address of Reporting Person*  MANINGAT CLODUALDO				2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)Director10% Owner				
(Last) (First) (Middle) 15995 COUNTRY WEST LANE					3. Date of Earliest Transaction (Month/Day/Year) 03/09/2004								X Officer (give title below) Other (specify below) Vice President				
(Street) PLATTE CITY, MO 64079				4. If Amendment, Date Original Filed(Month/Day/Year)									6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqui								ired, Disposed of, or Beneficially Owned					
(Instr. 3) Da			. Transaction Date Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		(Instr. 8)		ction	4. Securities Acq (A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Beneficia	nt of Securities ally Owned Following Transaction(s) and 4)		Ownership of Form:	7. Nature of Indirect Beneficial Ownership	
							Code	V	Amou	(A) or (D)	Price				or Indirect (I) (Instr. 4)		
Common	Stock	0	3/09/2004					A		7,600	) A	(1)	7,600			D	
Derivative Conversion Date		3. Transaction Date (Month/Day/Ye	3A. Deemed Execution Date	e.g., p	4. Transaction Code (Instr. 8)				ed, Disposed of, or Beneditions, convertible secur 6. Date Exercisable and Expiration Date (Month/Day/Year)				8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ownersh Form of Derivativ Security: Direct (I or Indire	Ownersky: (Instr. 4)	
					Code	V	(A)	(D)	Date Exer	cisable	Expiration Date	1 Title	Amount or Number of Shares				
Repor	ting O	wners															
Reporting Owner Name / Address Director Own				Relationships													
			Director 10%	1 Officer				Other	r								

Vice President

## Signatures

MANINGAT CLODUALDO 15995 COUNTRY WEST LANE

PLATTE CITY, MO 64079

Clodualdo Maningat	03/11/2004
**Signature of Reporting Person	Date

### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) This is a stock award, therefore, there is no reportable price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.