UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

| OMB APPROVAL | | | | | | |
|--------------|-----------|--|--|--|--|--|
| OMB Number: | 3235-0362 | | | | | |

subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b). Form 3 Holdings Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES hours per response..

Estimated average burden 1.0

| Form 3 Holdings Reported |
|---------------------------------|
| Form 4 Transactions Reported |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting F BYOM JOHN E | 2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI] | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | |
|--|--|--|--------------------------------------|------------------------|---------------|--|--|----------------------------|---|--|
| (Last) (First) 7332 WEST SHORE DRIVE | | 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) | | | | | Officer (give title below) | ther (specify bel | ow) | |
| 7332 WEST SHORE DRIVE | | 07/01/2007 | | | | | | | | |
| (Street) | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | 6. Individual or Joint/Group Reporting (check applicable line) | | | | |
| EDINA, MN 55435 | | | | | | | _X_Form Filed by One Reporting Person Form Filed by More than One Reporting Person | | | |
| (City) (State) | (Zip) | Table I - Non-Derivative Securities Acqu | | | | | uired, Disposed of, or Beneficially Owned | | | |
| 1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea | | Execution Date, if | 3. Transaction Code (Instr. 8) | (A) or Disposed of (D) | | of (D) | 5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4) | Ownership Form: | 7. Nature of Indirect Beneficial Ownership | |
| | | (· · · · · · · · · · · · · · · · · · · | | Amount | (A) or (D) | Price | | or Indirect (I) (Instr. 4) | | |
| Common Stock | | | | | | | 582 | D | | |
| Common Stock | | | | | | | 5,634.4801 (1) | I | By ESPP | |

Reminder: Report on a separate line for each class of securities beneficially Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid $\ensuremath{\mathsf{OMB}}$ owned directly or indirectly. control number.

SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| Security | Conversion | 3. Transaction Date (Month/Day/Year) | Execution Date, if | Code | of | vative rities aired or osed 0) : 3, | 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amo of Underlying Securities (Instr. 3 and 4) | | Underlying curities Security (Instr. 5) Derivative Securities Securities Beneficially Owned at Owned A | | Derivative Security: Direct (D) or Indirect (I) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
|---------------------------------------|------------|--|--------------------|------|-----|-------------------------------------|--|--------------------|--|--|---|--|---|--|
| | | | | | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | | | |
| Stock Options Non- qualified | \$ 9.09 | | | | | | 04/16/2005 | 10/15/2014 | Common Stock | 2,000 | | 2,000 | D | |
| Stock Options Non- qualified | \$ 10.45 | | | | | | 04/17/2006 | 10/14/2015 | Common Stock | 2,000 | | 2,000 | D | |

Reporting Owners

| | Relationships | | | | | |
|---|---------------|--------------|---------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| BYOM JOHN E 7332 WEST SHORE DRIVE EDINA, MN 55435 | X | | | | | |

Signatures

| 08/15/2007 |
|------------|
| |

| Signature of Reporting Person | Date |
|-------------------------------|------|
| | |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 2,267.7124 shares acquired between the period of 7/1/2006 and 7/1/2007 under ESPP in a transaction exempt under 16b-3(c).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.