

FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL	
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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

- Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
- Form 3 Holdings Reported
- Form 4 Transactions Reported

1. Name and Address of Reporting Person* SEABERG LAIDACKER M <small>(Last) (First) (Middle)</small> 100 COMMERCIAL <small>(Street)</small> ATCHISON, KS 66002 <small>(City) (State) (Zip)</small>	2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI] 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 06/30/2009 4. If Amendment, Date Original Filed (Month/Day/Year)	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below)
		6. Individual or Joint/Group Reporting (check applicable line) <input checked="" type="checkbox"/> Form Filed by One Reporting Person <input type="checkbox"/> Form Filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(A) or (D)	Price			
Common	12/30/2008		G	3,858	D	\$ 0	751,252 ⁽¹⁾	I	By Trust
Common	12/22/2008		G	1,200	A	\$ 0	1,200	D	
Common	12/22/2008		G	1,200	A	\$ 0	224,650	I	By Spouse's Trust
Common							22,406.17 ⁽²⁾	I	By ESPP
Common							149,362 ⁽³⁾	I	By IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned at End of Issuer's Fiscal Year (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
						Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options	\$ 4						⁽⁴⁾ 12/09/2009	Common	48,000		48,000	D	
Stock Options	\$ 4.65						⁽⁵⁾ 06/08/2011	Common	48,000		48,000	D	
Stock Options	\$ 6.44						⁽⁶⁾ 06/12/2012	Common	48,000		48,000	D	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other

SEABERG LAIDACKER M 100 COMMERCIAL ATCHISON, KS 66002	X			
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Signatures

Laidacker M. Seaberg		08/13/2009
<small>**Signature of Reporting Person</small>		<small>Date</small>

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 17569 shares previously restricted, transferred to reporting person's trust.
- (2) Includes 1116.3800 shares acquired between the period of 07/01/2008 and 06/30/2009 under ESPP in a transaction exempt under 16b-3(c).
- (3) Includes a total distribution of 149,362 shares received from reporting person's ESOP. Fractional share of .4150 paid via cash.
- (4) 12,000 shares exercisable on 12/9/2000; 12,000 exercisable on 12/9/2001; 12,000 on 12/9/2002; and 12,000 on 12/9/2003.
- (5) 12,000 shares exercisable on 6/8/2002; 12,000 shares on 6/8/2003; 12,000 shares on 6/8/2004; and 12,000 shares on 6/8/2005.
- (6) 12,000 shares exercisable on 6/12/2003; 12,000 shares on 6/12/2004; 12,000 shares on 6/12/2005; and 12,000 shares on 6/12/2006.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure.

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