

FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL	
OMB Number:	3235-0362
Estimated average burden hours per response...	1.0

- Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
- Form 3 Holdings Reported
- Form 4 Transactions Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Seaberg Karen			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director <input checked="" type="checkbox"/> 10% Owner <input type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below)		
(Last)	(First)	(Middle)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2012					
20073 266TH ROAD			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Reporting (check applicable line) <input checked="" type="checkbox"/> Form Filed by One Reporting Person <input type="checkbox"/> Form Filed by More than One Reporting Person		
(Street)								
ATCHISON, KS 66002								
(City)			(State)			(Zip)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Amount	(A) or (D)	Price			
Common Stock	12/12/2012		S4	3,910	D	\$ 3.41	223,740	I	by trust
Common Stock	12/12/2012		J4 ⁽¹⁾	9,000 ⁽¹⁾	D	\$ 0	214,740	I	by trust
Common Stock	12/25/2012		G4	40,621 ⁽²⁾	D	\$ 0	174,119	I	by trust
Common Stock	12/25/2012		G4	600 ⁽³⁾	A	\$ 0	174,719	I	by trust
Common Stock	12/25/2012		G4	600 ⁽³⁾	A	\$ 0	864,852	I	by spouse's trust
Common Stock	12/12/2012		J4 ⁽¹⁾	12,910 ⁽¹⁾	A	\$ 0	22,279 ⁽⁴⁾	D	
Common Stock	12/12/2012		J4 ⁽¹⁾	5,090 ⁽¹⁾	A	\$ 0	27,369 ⁽⁴⁾	D	
Common Stock	12/30/2012		J4 ⁽⁵⁾	18,000 ⁽⁵⁾	D	\$ 0	9,369	D	
Common Stock	12/30/2012		J4 ⁽⁵⁾	2,573,967 ⁽⁵⁾	A	\$ 0	2,583,336 ⁽⁴⁾	D	
Common Stock							23,005	I	by ESPP
Common Stock							120,000	I	By spouse's trust
Preferred Stock							223 ⁽⁶⁾	I	By MGPI Voting Trust
Preferred Stock							71	I	by spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned at End of Issuer's Fiscal Year (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date					

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Seaberg Karen 20073 266TH ROAD ATCHISON, KS 66002	X	X		

Signatures

Carl W. Struby, by power of attorney	05/14/2012
<small>**Signature of Reporting Person</small>	<small>Date</small>

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On 12/12/2012 the Reporting Person contributed 9,000 shares to Cray Family Management LLC (the "LLC") from her revocable trust. Other members contributed 3,910 shares on 12/12/2012 and 5,090 shares on 12/21/2012, together with \$30,292 in cash. The Reporting person is manager of the LLC and has a 1/3 interest in the LLC. As such, she may be deemed to have acquired an indirect pecuniary interest in 1/3 of the shares contributed by all members to the LLC, or 4,303 shares on 12/12/2012 and 1,697 shares on 12/21/2012. As permitted by Instruction 4(b)(iv) to Form 5, the Reporting Person is reporting the entire amount of the holdings of the LLC acquired as of such dates (12,910 on 12/12/2012 and 5,090 on 12/21/2012), but disclaims beneficial ownership of the shares owned by the LLC, except to the extent of her pecuniary interest in such shares.

(2) These shares were gifted to family members.

(3) These share were a gift from a family member.

(4) Includes 9,369 shares previously reported as owned directly.

(5) On 12/30/2012 the LLC contributed 18,000 shares and \$27,518 in cash to Cray MGP Holdings LP (the "LP") in exchange for a 1% limited partnership interest. After the contribution, the LP owned of record 2,573,967 shares of common stock. The LLC is general partner of the LP with a 1% interest, and may be deemed to beneficially own 25,739 of these shares. As manager of the LLC, the Reporting Person may be deemed to have disposed of 1/3 of the shares contributed by the LLC, or 6,000 shares, and may be deemed to have acquired an indirect beneficial interest in 8,579 shares, representing 1/3 of the 25,739 shares deemed beneficially owned by the LLC. As permitted by Instruction 4(b)(iv) to Form 5, the Reporting Person is reporting the entire amount of the contribution by the LLC to and the holdings of the LP. The Reporting Person disclaims beneficial ownership of all shares held or beneficially owned by the LLC and the LP, except to the extent of her pecuniary interest in such shares.

(6) The Reporting Person and her spouse are 2 of 3 trustees of the Voting Trust.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

POWER OF ATTORNEY

KNOW ALL MEN BY THESE PRESENTS, that each of the undersigned hereby constitutes and appoints Carl W. Struby as its true and lawful attorney-in-fact and agent and in its name, place and stead, to sign and file a Form ID Application and any or all reports on Form 3, Form 4, Form 5, Schedule 13-D, Schedule 13-0, and Form 144), and any amendments thereto, required or permitted to be filed or signed by it under the Securities and Exchange Act of 1934, as amended, or the Securities Act of 1933, and to file the same, with all documents required or permitted to be filed in connection therewith, with the Securities and Exchange Commission, granting unto said attorney-in-fact and agent full power and authority to do and perform each and every act and thing requisite and necessary to be done in and about the premises as fully to all intents and purposes it might or could do in person, hereby ratifying and confirming all that said attorney-in-fact and agent may lawfully do or cause to be done by virtue hereof.

Dated: May 7, 2013

Cray Family Management LLC

By: /s/ Karen Seaberg, Sole Manager

Cray MGP Holdings LP

By: Cray Family Management LLC, General Partner

By: /s/ Karen Seaberg, Sole Manager