### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response...

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Ty	pe Response	s)												
1. Name and Address of Reporting Person * DYKSTRA DAVID E				2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director  10% Owner				
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET				3. Date of Earliest Transaction (Month/Day/Year) 03/06/2018						X Officer (give title below) Other (specify below)  Vice President				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
ATCHIS (City	ON, KS 6	(State)	(Zip)											
(City	,						T			, .		Beneficially (	Owned	
1.Title of Security (Instr. 3)		D	Transaction late  Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	f Code (Instr. 8)		4. Securities Acquire (A) or Disposed of (D) (Instr. 3, 4 and 5)		f	5. Amount of Securities Beneficially Owned Follo Reported Transaction(s) (Instr. 3 and 4)		ollowing	Form: Direct (D)	7. Nature of Indirect Beneficial Ownership
					Code	V	Amount	(A) or (D)	Price				or Indirect (I) (Instr. 4)	(Instr. 4)
Common	Stock	0	3/06/2018		A		2,446 (1)	A	\$ 0	41,233			D	
				Derivative Securiti	ies Acquire	the f	orm disp sposed of	olays a c	curre:	ntly valid		spond unle trol numbe		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date ary	4. Transaction Code (Instr. 8)	5.	6. Date Exerc and Expiration (Month/Day/Y ecrivative ecurities cquired A) or hisposed f (D) nstr. 3,		isable 7. T n Date Am Year) Und Sec				9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownershi Form of Derivative Security: Direct (D) or Indirec	(Instr. 4)
				Code V	(A) (D)	Date Exer		Expiration Date	Title	Amount or Number of Shares				
Repor	ting O	wners												
				Relationships										
							-							

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
DYKSTRA DAVID E C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002			Vice President			

# **Signatures**

/s/ Lori Norlen as attorney-in-fact for David Dykstra	03/08/2018	
**Signature of Reporting Person	Date	

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock unit award which will vest on March 5, 2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.