| FORM | 4 |
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| Check this box if no |
|------------------------|
| longer subject to |
| Section 16. Form 4 or |
| Form 5 obligations may |
| continue. See |
| Instruction 1(h) |

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden 0.5 hours per response.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

| (Print or Type Responses | \$) | | | | | | | | | | |
|---|---|--|--|------------|---|---|---|---|--|---|-------------------------|
| 1. Name and Address of RINDOM DAVID | 2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI] | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director10% Owner | | | | |
| (Last) C/O MGP INGREE COMMERCIAL ST | 3. Date of Earliest Transaction (Month/Day/Year) 01/22/2019 | | | | | | X_Officer (give title below) Other (specify below) Vice President | | | | |
| ATCHISON, KS 66 | | 4. If Amendment, Date Original Filed(Month/Day/Year) 01/24/2019 | | | | | | 6. Individual or Joint/Group Filing/Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person | | | |
| (City) | (State) | (Zip) | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | |
| (Instr. 3) Date | | 2. Transaction Date (Month/Day/Year | | (Instr. 8) | | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | of (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) | Ownership of Form: Be | Beneficial |
| | | | (Month/Day/Year) | Code | v | Amount | (A) or (D) | Price | (Instr. 3 and 4) | or Indirect (D) or Indirect (I) (Instr. 4) | Ownership (Instr. 4) |
| Common Stock | | 01/22/2019(1) | | F | | 4,500 | D | \$ 67.32 | 18,305 | D | |
| Common Stock | | | | | | | | | 8,840 | Ι | By Trust |
| Common Stock | | 01/24/2019 | | М | | 15,000 | А | \$0 | 28,110 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| | (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | |
|---|---|--------------------------|---|------|-----|---|-------------------------|--|--------------------|---|----------------------------------|--------------------------------------|--|---|-------------------------|
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | Code | ion | 5. Numbo of Deriva Securitie Acquired or Dispos of (D) (Instr. 3, and 5) | tive s (A) sed | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | | Derivative Security (Instr. 5) | Securities Beneficially Owned Following Reported Transaction(s) | Ownership Form of Derivative Security: Direct (D) or Indirect (I) | Beneficial Ownership |
| | | | | Code | v | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | | (Instr. 4) | (Instr. 4) | |
| Restricted Stock Units | <u>(2)</u> | 01/24/2019 | | С | | 15,000 | | 01/22/2019 | 01/22/2019 | Common Stock | 15,000.00 | \$ 0 | 30,000 | D | |

Reporting Owners

| | Relationships | | | | | | | |
|--|---------------|--------------|----------------|-------|--|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | | |
| RINDOM DAVID E C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002 | | | Vice President | | | | | |

Signatures

| /s/ Lori Norlen, Attorney-In-Fact for David E. Rindom | 02/22/2019 |
|---|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) In connection with a restricted stock unit (RSU) vesting on the transaction date, RSUs were withheld for payment of the resulting tax liability.

(2) Restricted stock units convert into common stock on a one-for-one basis.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.