FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)																
1. Name and Address of Reporting Person* Glaser Stephen J				1	2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]								5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL ST.					3. Date of Earliest Transaction (Month/Day/Year) 05/10/2021								X Officer (give title below) Other (specify below) Vice President					
(Street) ATCHISON, KS 66002					4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)		Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								Owned					
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Year) Ex	y	cution Date, if	Code (Instr. 8)		ion	(A) or Disposed of (D) (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			Ownership of B	Beneficial
					(Month/Day/Year)		Code V		V	(A) or Amount (D) Price		ice	(Instr. 3 and 4)			Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common	Stock		05/10/202	1			S			3,900	D	\$ 63.7 (1)	7391	16,874	.65 ⁽²⁾		D	
Reminder:	Report on a s	separate line	for each class	ble II - Do	erivative Se	curi	ties Ac	quire	Per con the	sons whatained in form dis	no res n this splays	forms a cu Benef	n are urren ficially	not requ tly valid		ormation spond unle rol numbe	ss	1474 (9-02)
Security	2. Conversion or Exercise Price of Derivative Security	3. Transacti Date (Month/Day	Execution any	Deemed ution Date	4.	ction	5.		ions, convertible securi 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Tit Amou Unde Secur	. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number o Derivative Securities Beneficially Owned Following Reported Transaction ((Instr. 4)	Ownersh Form of Derivati Security Direct (I or Indire	Beneficial Ownersh (Instr. 4)		
					Code	V	(A)		Dat Exe		Expira Date	ation	Title	Amount or Number of Shares				

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Glaser Stephen J C/O MGP INGREDIENTS, INC. 100 COMMERCIAL ST. ATCHISON, KS 66002			Vice President					

Signatures

/s/ Allison M Hardy as attorney-in-fact for Stephen J Glaser	05/10/2021
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The price reported in Column 4 is a weighted average price. These shares were bought in multiple transactions at prices ranging from \$63.66 to \$63.86, inclusive. The (1) reporting person undertakes to provide to MGP Ingredients, Inc., any security holder of MGP Ingredients, Inc., or the staff of the Securities and Exchange Commission, upon
- request, full information regarding the number of shares bought at each separate price within the ranges set forth in this footnote 1.

 (2) Includes 44.65 shares previously held through the ESPP, which were distributed to the reporting person and are now owned directly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.