FORM 4

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person Seaberg Karen			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						Check all applicable) _X_ Director _X_ 10% Owner					
(Last) (First) (Middle) 20073 266TH ROAD			3. Date of Earliest Transaction (Month/Day/Year) 06/11/2021						Officer (give title below) Other (specify below)					
ATCHIS	ON, KS 66	(Street)		4. If Amendment	, Date Orig	inal	Filed(Mont	h/Day/Y	Year)	X_ Form fil	ual or Joint/0 ed by One Repo ed by More than	rting Person	g(Check Applica	ible Line)
(City		(State)	(Zip)	Т	able I - No	n-D	erivative	Secur	ities Acqui	red, Dispo	osed of, or I	Beneficially	Owned	
1.Title of S (Instr. 3)	Security		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		tion	4. Securi or Dispo (Instr. 3,	sed of	(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	V	Amount	(D)	Price				(Instr. 4)	
Common	Common Stock 06/11/2021		06/11/2021		S		2,342	D	\$ 74.8983	2,346,5	554		I	by Cray MGP Holdings LP
Common	Stock		06/11/2021		S		1,408	D	\$ 74.8983	192,74	9		I	by trust
Common	Stock									99,066			I	by IRA
Common	Stock									63,333			I	by GST trust for LM
Common	Stock									406,46	4		I	By Seaberg MGP Holdings
Common	Stock									66,743			I	by GST trust for MH
Common	Stock									1,114			D	
Common	Stock									59,188			I	Cloud Cray Family Trust
Reminder:	Report on a s	separate line	e for each class of second	- Derivative Securi	ties Acquir	Pe co the	rsons wi ntained i e form di Disposed	no res in this splay	form are s a currer Beneficiall	not requ itly valid	ction of inf uired to res OMB conf	pond unl	ess	C 1474 (9-02)
1. Title of	2.	3. Transac	tion 3A. Deemed	(e.g., puts, calls, w	arrants, of		ns, conver			tle and	8. Price of	9. Number	of 10.	11. Nature
Derivative	Conversion Date Execution or Exercise (Month/Day/Year) any		Execution Day/Year)			an (N	Date Exer Id Expirati Month/Day	on Da	te Amo Unde Secu	unt of erlying rities r. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number Derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owners Form o Derivat Security Direct (or Indir	ship of Indirect Beneficial Ownership (Instr. 4)

	Code	V	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
--	------	---	-----	--	---------------------	--------------------	-------	----------------------------------------	--	--	--	--	--

Reporting Owners

D 4 0 V /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Seaberg Karen 20073 266TH ROAD ATCHISON, KS 66002	X	X					

Signatures

/s/ All	ison Hardy, Attorney in Fact for Karen Seaberg	06/14/2021		
	**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.