FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person Siwak Todd B.						2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]									tionship of Reporting Person(s) to Issuer all applicable) Director 10% Owner				
(Last)	(First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 01/05/2023									Officer (give title below)			Other (s below)	specify	
100 COMMERCIAL STREET (Street) ATCHISON KS 66002				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv	vidual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State)	(Zi	p)																
ı		Та	ble I - No	n-Der	rivativ	e Se	curitie	s Acq	uired, l	Disp	osed of,	or l	Benefi	cially Ow	ned				
Date					ansaction th/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)		Execution Date, if any		Transaction Disposed Code (Instr.		ties Acquired (A) or d Of (D) (Instr. 3, 4 au			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common Stock 01/05					05/2023(1)				A		172		A \$101.45		1,207			D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Day if any (Month/Day/	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisa Expiration Date (Month/Day/Year		te Securities Unde		derlying curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code V		(A)	(D)	Date Exercisa		Expiration Date	Title		Amount or Number of Shares		(Instr. 4)			

Explanation of Responses:

1. The transaction reported on this form reflects the award of shares in lieu of cash retainer.

Remarks:

/s/ Allison M. Hardy as attorney in fact for Todd B. Siwak 01/05/2023

** Signature of Reporting Person Date

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).