

144: Filer Information

Filer CIK

Filer CCC

Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name

Phone

E-Mail Address

144: Issuer Information

Name of Issuer

SEC File Number

Address of Issuer

Phone

Name of Person for Whose Account the Securities are To Be Sold

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer

144: Securities Information

Title of the Class of Securities To Be Sold

Name and Address of the Broker

Number of Shares or Other Units To Be Sold

Aggregate Market Value

Number of Shares or Other Units Outstanding

Approximate Date of Sale

Name the Securities Exchange

any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	COMMON	
Date you Acquired	06/28/2016	
Nature of Acquisition Transaction	GIFT	
Name of Person from Whom Acquired	LADACKER SEABERG REVOCABLE TRUST	
Is this a Gift?	<input checked="" type="checkbox"/> Date Donor Acquired	06/28/2016
Amount of Securities Acquired	76435	
Date of Payment	06/28/2016	
Nature of Payment	N/A	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	COMMON	
Date you Acquired	12/19/2016	
Nature of Acquisition Transaction	GIFT	
Name of Person from Whom Acquired	TRANSFER FROM PREVIOUS FOUNDATION	
Is this a Gift?	<input checked="" type="checkbox"/> Date Donor Acquired	12/19/2016
Amount of Securities Acquired	1030	
Date of Payment	12/19/2016	
Nature of Payment	N/A	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	KAREN SEABERG 20073 266TH RD ATCHISON KS 66002
Title of Securities Sold	MGP INGREDIENTS
Date of Sale	06/16/2023
Amount of Securities Sold	125
Gross Proceeds	12810.80

144: Securities Sold During The Past 3 Months

Name and Address of Seller	KAREN SEABERG 20073 266TH RD ATCHISON KS 66002
Title of Securities Sold	MGP INDREDIENTS
Date of Sale	06/20/2023
Amount of Securities Sold	120
Gross Proceeds	12203.74

144: Securities Sold During The Past 3 Months

Name and Address of Seller	KAREN SEABERG 20073 266TH RD ATCHISON KS 66002
Title of Securities Sold	MGP INGREDIENTS
Date of Sale	07/03/2023
Amount of Securities Sold	235
Gross Proceeds	25049.03

144: Remarks and Signature

Remarks	
Date of Notice	08/01/2023
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1	03/14/2023

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature	Melissa Fisher, as duly authorized representative of Raymond James & Associates, Inc., as attorney-in-fact for Karen Seaberg
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ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)