

## Form 144 Filer Information

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 144

## Form 144

NOTICE OF PROPOSED SALE OF SECURITIES  
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

## 144: Filer Information

Filer CIK 0001471262

Filer CCC XXXXXXXX

Is this a LIVE or TEST Filing? ☒ LIVE ☐ TEST

## Submission Contact Information

Name

Phone

E-Mail Address

## 144: Issuer Information

Name of Issuer MGP INGREDIENTS INC

SEC File Number 000-17196

Address of Issuer 1300 MAIN ST  
ATCHISON  
KANSAS  
66002

Phone 9133671480

Name of Person for Whose Account the Securities are To Be Sold Seaberg Karen

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer

## 144: Securities Information

Title of the Class of Securities To Be Sold Common

Name and Address of the Broker Raymond James & Associates  
880 Carillon Parkway  
St. Petersburg  
FL  
33716

Number of Shares or Other Units To Be Sold 1305

Aggregate Market Value 120060.00

Number of Shares or Other Units Outstanding 21950862

Approximate Date of Sale 09/03/2024

Name the Securities Exchange NASDAQ

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or

any part of the purchase price or other consideration therefor:

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	01/20/2009
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	117320
Date of Payment	01/20/2009
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	01/23/2009
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	107420
Date of Payment	01/23/2009
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	12/29/2009
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	1200
Date of Payment	12/29/2009
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	01/10/2011
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Family Trust

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	1200
Date of Payment	01/10/2011
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	02/29/2012
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Family Trust

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	600
Date of Payment	02/29/2012
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	12/24/2012
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	600
Date of Payment	12/24/2012

Nature of Payment

N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class

Common

Date you Acquired

12/04/2013

Nature of Acquisition Transaction

Gift

Name of Person from Whom Acquired

Cloud L Cray Jr Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

600

Date of Payment

12/04/2013

Nature of Payment

N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class

Common

Date you Acquired

12/16/2014

Nature of Acquisition Transaction

Gift

Name of Person from Whom Acquired

Cloud L Cray Jr Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

500

Date of Payment

12/16/2014

Nature of Payment

N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class

Common

Date you Acquired

12/15/2015

Nature of Acquisition Transaction

Gift

Name of Person from Whom Acquired

Cloud L Cray Jr Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

272

Date of Payment	12/15/2015
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	12/17/2016
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	81
Date of Payment	12/17/2016
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	08/25/2016
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	4694
Date of Payment	08/25/2016
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	08/25/2016
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	44594
Date of Payment	08/25/2016
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	11/16/2017
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Karen Seaberg

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	591
Date of Payment	11/16/2017
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	12/28/2017
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired	53
Date of Payment	12/28/2017
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	07/03/2018
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Karen Seaberg

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
Amount of Securities Acquired	1273	
Date of Payment	07/03/2018	
Nature of Payment	N/A	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common	
Date you Acquired	09/18/2018	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Karen Seaberg	

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
Amount of Securities Acquired	10000	
Date of Payment	09/18/2018	
Nature of Payment	N/A	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common	
Date you Acquired	12/14/2018	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Karen Seaberg	

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
Amount of Securities Acquired	363	
Date of Payment	12/14/2018	
Nature of Payment	N/A	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common	
Date you Acquired	12/18/2018	
Nature of Acquisition Transaction	Gift	

Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	88
Date of Payment	12/18/2018
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	02/27/2019
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	192
Date of Payment	02/27/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	05/21/2019
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Karen Seaberg
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	823
Date of Payment	05/21/2019
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	07/30/2020



Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	71
Date of Payment	07/30/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	11/17/2020
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Board Compensation
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	7625
Date of Payment	11/17/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	02/18/2021
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Laidacker Seaberg Revocable Trust
Is this a Gift?	<input type="checkbox"/> Date Donor Acquired
Amount of Securities Acquired	104993
Date of Payment	02/18/2021
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	Common
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Date you Acquired	<a href="#">08/19/2021</a>
Nature of Acquisition Transaction	<a href="#">Gift</a>
Name of Person from Whom Acquired	<a href="#">Board Compensation</a>

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	<a href="#">2687</a>
Date of Payment	<a href="#">08/19/2021</a>
Nature of Payment	<a href="#">N/A</a>

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold

Title of the Class	<a href="#">Common</a>
Date you Acquired	<a href="#">03/06/2023</a>
Nature of Acquisition Transaction	<a href="#">Gift</a>
Name of Person from Whom Acquired	<a href="#">Karen Seaberg</a>

Is this a Gift?	<input type="checkbox"/> Date Donor Acquired	
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Amount of Securities Acquired	<a href="#">2905</a>
Date of Payment	<a href="#">03/06/2023</a>
Nature of Payment	<a href="#">N/A</a>

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

## 144: Securities Sold During The Past 3 Months

Name and Address of Seller	<a href="#">Karen Seaberg</a> <a href="#">20073 266th Rd</a> <a href="#">Atchison</a> <a href="#">KS</a> <a href="#">66002</a>
Title of Securities Sold	<a href="#">Common</a>
Date of Sale	<a href="#">08/23/2024</a>
Amount of Securities Sold	<a href="#">1110</a>
Gross Proceeds	<a href="#">100054.61</a>

## 144: Securities Sold During The Past 3 Months

Name and Address of Seller	Karen Seaberg 20073 266th Rd Atchison KS 66002
Title of Securities Sold	Common
Date of Sale	08/23/2024
Amount of Securities Sold	2202
Gross Proceeds	199949.91

## 144: Remarks and Signature

Remarks	
Date of Notice	08/30/2024
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1	03/12/2024

### ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature	Maressia Rooks-Bailey, as duly authorized representative of Raymond James & Associates, Inc., as attorney-in-fact for Karen Seaberg
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**ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)**