

Form 144 Filer Information

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 144/A

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144/A: Filer Information

| | |
|---|--|
| Filer CIK | <input type="text" value="0001817349"/> |
| Filer CCC | <input type="text" value="XXXXXXXX"/> |
| Previous Accession Number Of The Filing | <input type="text" value="0001974078-24-000318"/> |
| Is this a LIVE or TEST Filing? | <input checked="" type="radio"/> LIVE <input type="radio"/> TEST |

Submission Contact Information

| | |
|----------------|----------------------|
| Name | <input type="text"/> |
| Phone | <input type="text"/> |
| E-Mail Address | <input type="text"/> |

144/A: Issuer Information

| | |
|--|---|
| Name of Issuer | <input type="text" value="MGP INGREDIENTS INC"/> |
| SEC File Number | <input type="text" value="000-17196"/> |
| Address of Issuer | <input type="text" value="1300 MAIN ST ATCHISON KANSAS 66002"/> |
| Phone | <input type="text" value="9133671480"/> |
| Name of Person for Whose Account the Securities are To Be Sold | <input type="text" value="Mingus Lori L.S."/> |

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

| | |
|------------------------|---------------------------------------|
| Relationship to Issuer | <input type="text" value="Director"/> |
|------------------------|---------------------------------------|

144/A: Securities Information

| | |
|---|--|
| Title of the Class of Securities To Be Sold | <input type="text" value="Common"/> |
| Name and Address of the Broker | <input type="text" value="Raymond James & Associates 880 Carillon Parkway St. Petersburg FL 33716"/> |
| Number of Shares or Other Units To Be Sold | <input type="text" value="983"/> |
| Aggregate Market Value | <input type="text" value="90436.00"/> |
| Number of Shares or Other Units Outstanding | <input type="text" value="21950862"/> |
| Approximate Date of Sale | <input type="text" value="09/03/2024"/> |
| Name the Securities Exchange | <input type="text" value="NASDAQ"/> |

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144/A: Securities To Be Sold

| | |
|-----------------------------------|-------------|
| Title of the Class | Common |
| Date you Acquired | 03/02/2017 |
| Nature of Acquisition Transaction | Gift |
| Name of Person from Whom Acquired | Lori Mingus |

Is this a Gift?

☐ Date Donor Acquired

| | |
|-------------------------------|------------|
| Amount of Securities Acquired | 59437 |
| Date of Payment | 03/02/2017 |
| Nature of Payment | N/A |

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

| | |
|-----------------------------------|------------------------------|
| Title of the Class | Common |
| Date you Acquired | 12/28/2017 |
| Nature of Acquisition Transaction | Gift |
| Name of Person from Whom Acquired | Cloud L Cray Jr Family Trust |

Is this a Gift?

☐ Date Donor Acquired

| | |
|-------------------------------|------------|
| Amount of Securities Acquired | 53 |
| Date of Payment | 12/28/2017 |
| Nature of Payment | N/A |

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

| | |
|-----------------------------------|------------------------------|
| Title of the Class | Common |
| Date you Acquired | 12/18/2018 |
| Nature of Acquisition Transaction | Gift |
| Name of Person from Whom Acquired | Cloud L Cray Jr Family Trust |

Is this a Gift?

☐ Date Donor Acquired

| | |
|-------------------------------|------------|
| Amount of Securities Acquired | 88 |
| Date of Payment | 12/18/2018 |

Nature of Payment

N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class

Common

Date you Acquired

02/27/2019

Nature of Acquisition Transaction

Gift

Name of Person from Whom Acquired

Cloud L Cray Jr Family Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

192

Date of Payment

02/27/2019

Nature of Payment

N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class

Common

Date you Acquired

12/14/2019

Nature of Acquisition Transaction

Gift

Name of Person from Whom Acquired

Laidacker Seaberg Revocable Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

316

Date of Payment

12/14/2019

Nature of Payment

N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

Title of the Class

Common

Date you Acquired

12/10/2020

Nature of Acquisition Transaction

Gift

Name of Person from Whom Acquired

Laidacker Seaberg Revocable Trust

Is this a Gift?

☐ Date Donor Acquired

Amount of Securities Acquired

338

| | |
|-------------------|------------|
| Date of Payment | 12/10/2020 |
| Nature of Payment | N/A |

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144/A: Securities To Be Sold

| | |
|-----------------------------------|-------------|
| Title of the Class | Common |
| Date you Acquired | 03/02/2023 |
| Nature of Acquisition Transaction | Gift |
| Name of Person from Whom Acquired | Lori Mingus |

Is this a Gift?

☐ Date Donor Acquired

| | |
|-------------------------------|------------|
| Amount of Securities Acquired | 3967 |
| Date of Payment | 03/02/2023 |
| Nature of Payment | N/A |

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144/A: Securities Sold During The Past 3 Months

| | |
|----------------------------|---|
| Name and Address of Seller | Lori Mingus Trust No 1 4123 Hwy 59 Perry KS 66073 |
| Title of Securities Sold | Common |
| Date of Sale | 08/23/2024 |
| Amount of Securities Sold | 118 |
| Gross Proceeds | 10619.70 |

144/A: Securities Sold During The Past 3 Months

| | |
|----------------------------|---|
| Name and Address of Seller | Lori Mingus Trust No 1 4123 Hwy 59 Perry KS 66073 |
| Title of Securities Sold | Common |
| Date of Sale | 08/23/2024 |
| Amount of Securities Sold | 2646 |
| Gross Proceeds | 240572.92 |

144/A: Remarks and Signature

| | |
|---|--|
| Remarks | Amending relationship to issuer from officer to director |
| Date of Notice | 08/30/2024 |
| Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1 | 03/12/2024 |

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

| | |
|-----------|---|
| Signature | Maressia Rooks-Bailey, as duly authorized representative of Raymond James & Associates, Inc., as attorney-in-fact for Lori Mingus |
|-----------|---|

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)