Form 144 Filer Information

**FORM 144** 

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

## Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information				
Filer CIK	0001471262			
Filer CCC	XXXXXXXX			
Is this a LIVE or TEST Filing?	● LIVE ○ TEST			
Submission Contact Information				
Name				
Phone				
E-Mail Address				
144: Issuer Information				
Name of Issuer	MGP INGREDIENTS INC			
SEC File Number	000-17196			
Address of Issuer	1300 MAIN ST ATCHISON KANSAS 66002			
Phone	9133671480			
Name of Person for Whose Account the Securities are To Be Sold	Seaberg Karen			
the securities are to be sold but also as to a	(a) of Rule 144. Information is to be given not only as to the person for whose account of other persons included in that definition. In addition, information shall be given as to red by paragraph (e) of Rule 144 to be aggregated with sales for the account of the			
Relationship to Issuer	Director			
144: Securities Information				
Title of the Class of Securities To Be Sold	Common			
Name and Address of the Broker	Raymond James & Associates, Inc. 880 Carillon Parkway St. Petersburg FL 33716			
Number of Shares or Other Units To Be Sold	11843			
Aggregate Market Value	540041.00			
Number of Shares or Other Units Outstanding	21950862			
Approximate Date of Sale	12/11/2024			
Name the Securities Exchange	Nasdaq			

any part of the	purchase price	e or other	consideration	therefor:

144: Securities To Be Sold			
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Title of the Class	Common		
Date you Acquired	11/15/2012		
Nature of Acquisition Transaction	Funded Limited Partnership		
Name of Person from Whom Acquired	Cloud L Cray Family Trust		
Is this a Gift?	Date Donor Acquired		
Amount of Securities Acquired	2555967		
Date of Payment	11/15/2012		
Nature of Payment	N/A		
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.			
Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.			
144: Securities Sold During The Past 3 Months			
Name and Address of Seller	Karen C. Seaberg 20073 266th Rd		_

Name and Address of Seller	Karen C. Seaberg 20073 266th Rd Atchison KS 66002
Title of Securities Sold	Common
Date of Sale	11/19/2024
Amount of Securities Sold	43282
Gross Proceeds	1993054.72

## 144: Remarks and Signature

Remarks	
Date of Notice	12/11/2024

## **ATTENTION:**

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Tracey Cornelison, as duly authorized representative of Raymond James & Associates, Inc., as attorney-in-fact for Karen Seaberg Signature

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)