Form 144 Filer Information

**FORM 144** 

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

### Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information		
Filer CIK	0001471262	
Filer CCC	XXXXXXXX	
Is this a LIVE or TEST Filing?	● LIVE ○ TEST	
Submission Contact Information		
Name		
Phone		
E-Mail Address		
144: Issuer Information		
Name of Issuer	MGP INGREDIENTS INC	
SEC File Number	000-17196	
Address of Issuer	1300 MAIN ST ATCHISON KANSAS 66002	
Phone	9133671480	
Name of Person for Whose Account the Securities are To Be Sold	Seaberg Karen	
See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.		
Relationship to Issuer	Director	
144: Securities Information	on	
Title of the Class of Securities To Be Sold	Common	
Name and Address of the Broker	Raymond James & Associates 880 Carillon Parkway St. Petersburg FL 33716	
Number of Shares or Other Units To Be Sold	10286	
Aggregate Market Value	360010.00	
Number of Shares or Other Units Outstanding	21950862	
Approximate Date of Sale	03/11/2025	
Name the Securities Exchange	NASDAQ	

## any part of the purchase price or other consideration therefor: 144: Securities To Be Sold Title of the Class Common Date you Acquired 11/04/2020 Nature of Acquisition Transaction Gift Melissa Huntington Recovable Trust Name of Person from Whom Acquired Is this a Gift? Date Donor Acquired Amount of Securities Acquired 11/04/2020 Date of Payment Nature of Payment N/A If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid. 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	11/05/2020
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Laidacker Seaberg Revocable Trust
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	128210
Date of Payment	11/05/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

# 144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	11/05/2020
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Lori Mingus Trust
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	222
Date of Payment	11/05/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sol	d	
Title of the Class	Common	
Date you Acquired	11/05/2020	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Saxon Mingus Trust	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	444	
Date of Payment	11/05/2020	
Nature of Payment	N/A	
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.		
144: Securities To Be Sol	a	
Title of the Class	Common	
Date you Acquired	11/05/2020	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Rhogan Mingus Trust	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	444	
Date of Payment	11/05/2020	
Nature of Payment	N/A	
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.		
144: Securities To Be Sol	d	
Title of the Class	Common	
Date you Acquired	11/05/2020	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Bireannon Seaberg Trust	
Is this a Gift?	□ Date Donor Acquired	
Amount of Securities Acquired	444	

11/05/2020

Date of Payment

Nature of Payment	N/A
ote thereto the nature of the consideration	lyment therefor was not made in cash at the time of purchase, explain in the table or in a n given. If the consideration consisted of any note or other obligation, or if payment was ement and state when the note or other obligation was discharged in full or the last
144: Securities To Be So	old
Title of the Class	Common
Date you Acquired	11/05/2020
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Aidan Mingus Trust
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	444
Date of Payment	11/05/2020
Nature of Payment	N/A
stallment paid.  144: Securities To Be So	ement and state when the note or other obligation was discharged in full or the last
Title of the Class	Common
Date you Acquired	11/06/2020
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	CJ Huntington Trust
Is this a Gift?	□ Date Donor Acquired
Amount of Securities Acquired	444
ate of Payment	11/06/2020
Nature of Payment	N/A
ote thereto the nature of the consideration	syment therefor was not made in cash at the time of purchase, explain in the table or in a n given. If the consideration consisted of any note or other obligation, or if payment was ement and state when the note or other obligation was discharged in full or the last
144: Securities To Be So	old
Fitle of the Class	Common
Date you Acquired	11/06/2020
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Parker Huntington Trust

Date Donor Acquired

444

Is this a Gift?

Amount of Securities Acquired

Date of Payment	11/06/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold	
Title of the Class	Common
Date you Acquired	11/06/2020
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Lori Mingus Trust
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	889
Date of Payment	11/06/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

## 144: Securities To Be Sold Title of the Class Common 11/06/2020 Date you Acquired Gift Nature of Acquisition Transaction Name of Person from Whom Acquired Melissa Huntington Revocable Trust Is this a Gift? Date Donor Acquired Amount of Securities Acquired 222 Date of Payment 11/06/2020 Nature of Payment N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

# 144: Securities To Be Sold

Title of the Class	Common	
Date you Acquired	12/24/2020	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Karen Seaberg Trust	
Is this a Gift?	Date Donor Acquired	

Amount of Securities Acquired	280608
Date of Payment	12/24/2020
Nature of Payment	N/A

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

# 144: Securities Sold During The Past 3 Months Nothing to Report 144: Remarks and Signature Remarks Date of Notice 03/11/2025

#### **ATTENTION:**

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Maressia Rooks-Bailey, as duly authorized representative of Raymond James & Associates, Inc., as attorney-in-fact for Karen Seaberg

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)