Form 144 Filer Information

FORM 144

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer information	
Filer CIK	0001471262
Filer CCC	XXXXXXXX
Is this a LIVE or TEST Filing?	■ LIVE TEST
Submission Contact Information	
Name	
Phone	
E-Mail Address	
144: Issuer Information	
Name of Issuer	MGP INGREDIENTS INC
SEC File Number	000-17196
Address of Issuer	1300 MAIN ST ATCHISON KANSAS 66002
Phone	9133671480
Name of Person for Whose Account the Securities are To Be Sold	Seaberg Karen
the securities are to be sold but also as to a	(a) of Rule 144. Information is to be given not only as to the person for whose account ll other persons included in that definition. In addition, information shall be given as to red by paragraph (e) of Rule 144 to be aggregated with sales for the account of the
Relationship to Issuer	Director
144: Securities Information	on
Title of the Class of Securities To Be Sold	Common
Name and Address of the Broker	Raymond James & Associates 880 Carillon Parkway St. Petersburg FL 33716
Number of Shares or Other Units To Be Sold	3429
Aggregate Market Value	120015.00
Number of Shares or Other Units Outstanding	21950862
Approximate Date of Sale	03/11/2025
Name the Securities Exchange	NASDAQ

any part of the purchase price or other consideration	deration therefor:	
144: Securities To Be Sol		
Title of the Class	Common	
Date you Acquired	01/20/2009	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Cloud L Cray Family Trust	
Is this a Gift?	□ Date Donor Acquired	
Amount of Securities Acquired	117320	
Date of Payment	01/20/2009	
Nature of Payment	NA	
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.		
144: Securities To Be Sol	d	
Title of the Class	Common	
Date you Acquired	01/23/2009	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Cloud L Cray Family Trust	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	107420	
Date of Payment	01/23/2009	
Nature of Payment	NA	
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.		
note thereto the nature of the consideration made in installments describe the arranger	given. If the consideration consisted of any note or other obligation, or if payment was	
note thereto the nature of the consideration made in installments describe the arranger	given. If the consideration consisted of any note or other obligation, or if payment was nent and state when the note or other obligation was discharged in full or the last	

Title of the Class	Common
Date you Acquired	12/29/2009
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Family Trust
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	1200
Date of Payment	12/29/2009
Nature of Payment	NA NA
rataro or r aymont	17.

144: Securities To Be Sol	d	
Title of the Class	Common	
Date you Acquired	01/10/2011	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Cloud L Cray Family Trust	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	1200	
Date of Payment	01/10/2011	
Nature of Payment	NA	
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.		
144: Securities To Be Sol	d	
Title of the Class	Common	
Date you Acquired	02/29/2012	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Cloud L Cray Family Trust	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	600	
Date of Payment	02/29/2012	
Nature of Payment	NA	
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.		
144: Securities To Be Sol	d	
Title of the Class	Common	
Date you Acquired	12/24/2012	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	600	

12/24/2012

Date of Payment

Nature of Payment	NA
ote thereto the nature of the consideration	yment therefor was not made in cash at the time of purchase, explain in the table or in a given. If the consideration consisted of any note or other obligation, or if payment was ement and state when the note or other obligation was discharged in full or the last
144: Securities To Be So	old
Title of the Class	Common
Date you Acquired	12/04/2013
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust
Is this a Gift?	■Date Donor Acquired
Amount of Securities Acquired	600
Date of Payment	12/04/2013
Nature of Payment	NA

144: Securities To Be Sold Title of the Class Common Date you Acquired 12/16/2014 Nature of Acquisition Transaction Gift Name of Person from Whom Acquired Cloud L Cray Jr Family Trust Date Donor Acquired Is this a Gift? Amount of Securities Acquired 500 Date of Payment 12/16/2014 Nature of Payment NA

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold Title of the Class Common 12/15/2015 Date you Acquired Gift Nature of Acquisition Transaction Name of Person from Whom Acquired Cloud L Cray Jr Family Trust Is this a Gift? Date Donor Acquired Amount of Securities Acquired 272

Date of Payment	12/15/2015
Nature of Payment	NA

144: Securities To Be Sold	
Title of the Class	Common
Date you Acquired	12/17/2016
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	81
Date of Payment	12/17/2016

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

NA

08/25/2016

NA

Nature of Payment

Date of Payment

Nature of Payment

144: Securities To Be Sold

Title of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired Is this a Gift? Date Donor Acquired Common 08/25/2016 Cift Cloud L Cray Family Trust Date Donor Acquired

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class

Date you Acquired

08/25/2016

Nature of Acquisition Transaction

Name of Person from Whom Acquired

Cloud L Cray Family Trust

Is this a Gift?

Date Donor Acquired

Amount of Securities Acquired	44594
Date of Payment	08/25/2016
Nature of Payment	NA

144: Securities To Be Sold	
Title of the Class	Common
Date you Acquired	11/16/2017
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Karen Seaberg
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	591
Date of Payment	11/16/2017

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Title of the Class Common Date you Acquired 12/28/2017

Nature of Acquisition Transaction Gift

144: Securities To Be Sold

Nature of Payment

Name of Person from Whom Acquired Cloud L Cray Jr Family Trust

NA

Is this a Gift?

Date Donor Acquired

Amount of Securities Acquired

53

Date of Payment 12/28/2017

Nature of Payment

NA

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was

made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last

installment paid.

144: Securities To Be Sold

Title of the Class Common

Date you Acquired 07/03/2018

Nature of Acquisition Transaction Gift

Name of Person from Whom Acquired Karen Seaberg

Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	1273	
Date of Payment	07/03/2018	
Nature of Payment	NA	
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a		

144: Securities To Be Sold

Title of the Class	Common
Title of the Class	Common
Date you Acquired	09/18/2018
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Karen Seaberg
Is this a Gift?	□ Date Donor Acquired
Amount of Securities Acquired	10000
Date of Payment	09/18/2018
Nature of Payment	NA

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	12/14/2018
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Karen Seaberg
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	363
Date of Payment	12/14/2018
Nature of Payment	NA

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	12/18/2018
Nature of Acquisition Transaction	Gift

Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	88	
Date of Payment	12/18/2018	
Nature of Payment	NA	
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was		

Title of the Class Date you Acquired Nature of Acquisition Transaction Name of Person from Whom Acquired Cloud L Cray Jr Family Trust Date Donor Acquired

Amount of Securities Acquired

Date of Payment

O2/27/2019

NA

NA

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common	
Date you Acquired	05/21/2019	
Nature of Acquisition Transaction	Gift	
Name of Person from Whom Acquired	Karen Seaberg	
Is this a Gift?	Date Donor Acquired	
Amount of Securities Acquired	823	
Date of Payment	05/21/2019	
Nature of Payment	NA	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	07/30/2020

Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Cloud L Cray Jr Family Trust
Is this a Gift?	□ Date Donor Acquired
Amount of Securities Acquired	71
Date of Payment	07/30/2020
Nature of Payment	NA
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a	

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	11/17/2020
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Board Compensation
Is this a Gift?	□Date Donor Acquired
Amount of Securities Acquired	7625
Date of Payment	11/17/2020
Nature of Payment	NA

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class	Common
Date you Acquired	02/18/2021
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquir	Laidacker Seaberg Revocable Trust
Is this a Gift?	□ Date Donor Acquired
Amount of Securities Acquired	104993
Date of Payment	02/18/2021
Nature of Payment	NA NA

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

144: Securities To Be Sold

Title of the Class Common

Date you Acquired	08/19/2021
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Board Compensation
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	2687
Date of Payment	08/19/2021
Nature of Payment	NA
If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a	

144: Securities To Be Sold	
Title of the Class	Common
Date you Acquired	03/06/2023
Nature of Acquisition Transaction	Gift
Name of Person from Whom Acquired	Karen Seaberg
Is this a Gift?	Date Donor Acquired
Amount of Securities Acquired	2905
Date of Payment	03/06/2023
Nature of Payment	NA NA

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report

144: Remarks and Signature

Remarks
Date of Notice
03/11/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

Maressia Rooks-Bailey, as duly authorized representative of Raymond James & Associates, Inc., as attorney-in-fact for Karen Seaberg

