Form 144 Filer Information

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK	0001817349
Filer CCC	XXXXXXXX
Is this a LIVE or TEST Filing?	● LIVE ◎ TEST
Submission Contact Information	
Submission Contact Information	

E-Mail Address

144: Issuer Information

Name of Issuer	MGP INGREDIENTS INC
SEC File Number	000-17196
Address of Issuer	1300 MAIN ST ATCHISON KANSAS 66002
Phone	9133671480
Name of Person for Whose Account the Securities are To Be Sold	Mingus Lori L.S.

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

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Director

144: Securities Information

Title of the Class of Securities To Be Sold	Common
Name and Address of the Broker	Raymond James & Associates, Inc. 880 Carillon Parkway SAINT PETERSBURG FL 33716
Number of Shares or Other Units To Be Sold	912
Aggregate Market Value	26904.00
Number of Shares or Other Units Outstanding	21950862
Approximate Date of Sale	04/01/2025
Name the Securities Exchange	Nasdaq

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or

144: Securities To Be Sold			
Title of the Class	Common		
Date you Acquired	03/02/2017		
Nature of Acquisition Transaction	Gift		
Name of Person from Whom Acquired	Lori Mingus		
Is this a Gift?	Date Donor Acquired		
Amount of Securities Acquired	59437		
Date of Payment	03/02/2017		
Nature of Payment	Ν/Α		

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Lori L Mingus Trust No 1 4123 Hwy 59 Perry KS 66073
Title of Securities Sold	Common
Date of Sale	03/10/2025
Amount of Securities Sold	9464
Gross Proceeds	326694.81

144: Remarks and Signature

Remarks

Date of Notice

03/31/2025			
03/12/2024			

Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature

Tracey Cornelison, as duly authorized representative of Raymond James & Associates, Inc., as attorney-in-fact for Lori L.S. Mingus

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)