

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0104 Estimated average burden hours per response... 0.5

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)					
1. Name and Address of Reporting Person [*] – Bridendall John P	2. Date of Event Requiring Statement (Month/Day/Year) 12/17/2013	3. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]			
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., CRAY BUSINESS PLAZA, 100 COMMERCIAL	12/17/2013	Issuer	f Reporting Person all applicable) theOwno Other (spe 	Filed(Month/Day/Year)	
ATCHISON, KS 66002				6. Individual or Joint Applicable Line) _X_Form filed by One Re Form filed by More the	1 0.
(City) (State) (Zip)	Table I	Table I - Non-Derivative Securities Beneficially Owned			
1.Title of Security (Instr. 4)	2. Amount of Sea Beneficially Own (Instr. 4)		*	4. Nature of Indirect Benefici (Instr. 5)	al Ownership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security			d Expiration Date Securities Underlying Derivative of		4. Conversion	5. Ownership	6. Nature of Indirect Beneficial		
(Instr. 4)					or Exercise	Form of	Ownership		
					Price of	Derivative	(Instr. 5)		
			(Instr. 4)		Derivative	Security: Direct			
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security (D) or Indirect (I) (Instr. 5)				

Reporting Owners

Reporting Owner Name / Address		Relationships				
		10% Owner	Officer	Other		
Bridendall John P C/O MGP INGREDIENTS, INC. CRAY BUSINESS PLAZA, 100 COMMERCIAL ATCHISON, KS 66002	Х					

Signatures

/s/ John P. Bridendall	12/17/2013	
^{**} Signature of Reporting Person	Date	

Explanation of Responses:

No securities are beneficially owned

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.