FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPE	ROVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 1. Name and Address of Reporting Person * SCHRICK RANDY M				2. Issuer Name and Ticker or Trading Symbol					5. 1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET				MGP INGREDIENTS INC [MGPI] 3. Date of Earliest Transaction (Month/Day/Year) 01/23/2014						X	Director 10% Owner X Officer (give title below) Other (specify below) Interim CEO, VP Engineering				ow)
(Street) ATCHISON, KS 66002				4. If Amendment, Date Original Filed(Month/Day/Year)					_X_	6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)				Table I - Non-Derivative Securities Acqu						es Acquire	lired, Disposed of, or Beneficially Owned				
1.Title of Sec (Instr. 3)			Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		e, if Cod (Instead)		(A) or		of (D) Ow Tra	(D) Owned Following Reported Transaction(s) (Instr. 3 and 4)		d	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								form displ	avs a curr	ently valid	OMB co	ntrol numb	oer.		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year	3A. Deemed Execution Date, it	4. Transact	tion	5. Numb of Deriva Securitie Acquired or Dispo of (D)	er ative es d (A) sed	(Month/Day	l of, or Benertible secur reisable on Date	eficially Ov	d Amount	8. Price of	9. Number of Derivative Securities Beneficially Owned Following	Ownersl Form of Derivati Security Direct (1	Ownersh (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, it	4. Transact	tion	5. Numb of Derive Securitie Acquired or Dispo of (D) (Instr. 3, and 5)	er ative es d (A) sed 4,	red, Disposed ptions, convo 6. Date Exer and Expirati (Month/Day	l of, or Ben ertible securcisable on Date /Year)	7. Title and of Underly Securities	d Amount	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned	Ownersl Form of Derivati Security Direct (I or Indire	hip of Indire Beneficia Ownersh (Instr. 4)
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, it	2.g., puts, 4. Transact Code (Instr. 8)	tion V	5. Numb of Deriva Securitie Acquired or Dispo of (D) (Instr. 3,	er ative es d (A) sed	red, Disposed ptions, convo 6. Date Exer and Expirati (Month/Day	l of, or Ben ertible securcisable on Date /Year)	rities) 7. Title and of Underly Securities (Instr. 3 and	Amount or Number of Shares	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction	Ownersl Form of Derivati Security Direct (I or Indirect)	hip of Indire Benefici Ownersh (Instr. 4)

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
SCHRICK RANDY M C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002			Interim CEO, VP Engineering			

Signatures

/s/ Randy M. So	chrick	01/27/2014
**Signature of Reporting	g Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit (RSU) represents a contingent right to receive one share of the issuer's common stock.
- (2) The RSUs will vest on January 23, 2019 and the shares will be valued at the closing market price on that date and delivered to the reporting person.
- (3) The RSUs will vest on March 1, 2017 and the shares will be valued at the closing market price on that date and delivered to the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.