FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Responses)																
1. Name and Address of Reporting Person* SCHALLER DARYL			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
C/O MGP COMMER		(First) ENTS, INC., 1 REET		3. Date of Earliest Transaction (Month/Day/Year) 06/03/2014					Officer (gi	ve title below)	Oth	er (specify bel	ow)				
ATCHISO	N, KS 660	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)		(State)	(Zip)			Tabl	e I - I	Non-Deri	vativ	ve Securiti	es Acquire	red, Disposed of, or Beneficially Owned					
1.Title of Sec (Instr. 3)	curity	I	Month/Day/Year)	2A. Deemo Execution any (Month/Da	Date	e, if Coo (Ins) (1	A) o	curities Accor Disposed 3, 4 and 5 (A) or unt (D)	of (D) Ov Tra (In			ed	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								contain form d	ned ispl	in this fo ays a cur l of, or Ber	rm are no rently vali neficially O	t required d OMB co	of inform I to respon ontrol num	d unless th		1474 (9-02)	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year	3A. Deemed Execution Date,	4. Transac Code	ction	5. Num	and Expiration Date (Month/Day/Year) of United Securities and Expiration Date (Month/Day/Year) of United Securities and Expiration Date (Institute items).		7. Title and of Underly Securities	Title and Amount 8. Underlying D		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form of Derivati Security Direct (or Indire	(Instr. 4)			
				Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares					
Restricted Stock Units	(1)	06/03/2014		A		2,045		(2)		(2)	Common Stock	n 2,045	\$ 0	2,045	D		

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
SCHALLER DARYL C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002	X						

Signatures

/s/ Daryl Schaller	06/04/2014
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Each restricted stock unit (RSU) represents a contingent right to receive one share of the issuer's common stock.
- (2) The RSUs will vest on June 3, 2017 and the shares will be valued at the closing market price on that date and delivered to the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.