FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Responses) 1. Name and Address of Reporting Person * NEWKIRK TIMOTHY W			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET			(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/01/2012					_	X_ Director10% Owner X_ Officer (give title below) Other (specify below) President and CEO					
(Street) ATCHISON, KS 66002			4	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)			(Zip)	Table I - Non-Derivative Securities Acqu					es Acquire	uired, Disposed of, or Beneficially Owned					
1.Title of Sec (Instr. 3)	curity	I	Date	2A. Deem Execution any (Month/D	Dat	(Instance)	ransace e tr. 8)	(A) o	curities According Disposed 3, 4 and 5 (A) or unt (D)	of (D) Ow Tra	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								contained form displ						e	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, i	4. Transac Code	call:	5. Numb of Deriva Securitie Acquired or Dispo of (D)	cquir its, op er ative es d (A)		d of, or Benertible securcisable from Date	rently valid	wned d Amount	8. Price of	9. Number Derivative Securities Beneficially Owned Following	of 10. Owners Form o Derivat Security Direct (Owner (Instr. 4
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, i	4. Transac Code	call:	5. Numb of Deriva Securitie Acquired or Dispo	cquir its, op er ative es d (A)	red, Disposed otions, conve 6. Date Exer and Expirati	d of, or Benertible securcisable on Date (/Year)	rently validate reficially Orities) 7. Title an of Underly Securities (Instr. 3 and 1)	wned d Amount	8. Price of Derivative Security	9. Number Derivative Securities Beneficially Owned	of 10. Owners Form o Derivat Security Direct (or Indir	hip of India Benefic Owner (Instr. 4
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemed Execution Date, i	z.g., puts, 4. f Transac Code (Instr. 8	calls etion 3)	5. Numb of Derivi Securitie Acquired or Dispo of (D) (Instr. 3, and 5)	er ative es d (A) sed	form displeed, Disposed tions, convoiced to Date Exercised (Month/Day)	d of, or Benertible securcisable on Date (/Year)	rently validation of Underly Securities (Instr. 3 and	d Amount ying and 4) Amount or Number of Shares	8. Price of Derivative Security	9. Number Derivative Securities Beneficially Owned Following Reported Transaction	of 10. Owners Form o Derivat Securit; Direct (or Indir	hip of India Benefic Owner (Instr. 4

	Relationships				
Reporting Owner Name / Address	Director	10% Owner	Officer	Other	
NEWKIRK TIMOTHY W C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002	X		President and CEO		

Signatures

/s/ Timothy W. Newkirk	12/07/2012
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted stock unit (RSU) represents a contingent right to receive one share of the issuer's common stock.
- (2) The RSUs will vest on March 1, 2017 and the shares will be valued at the closing market price on that date and delivered to the reporting person.
- (3) The RSUs will vest on November 29, 2017 and the shares will be valued at the closing market price on that date and delivered to the reporting person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.