FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0362					
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Form 3 Holdings Reported

Form 4 Transactions

Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * RINDOM DAVID E			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner		
(Last) 1300 MAIN STR	(Last) (First) (Middle) 3. Statem (Month/I 1300 MAIN STREET, P.O. BOX 130 06/30/2				r Ended		X_ Officer (give title below) Other (specify below) Vice President			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting (check applicable line)		
ATCHISON, KS	66002							_X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person		
(City)	Table I - Non-Derivative Securities Acqui					ired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)			2A. Deemed Execution Date, if any				of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	6. Ownership Form:	7. Nature of Indirect Beneficial
			(Month/Day/Year)		Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock								28,682	D	
Common Stock								898.7197 ⁽¹⁾	I	By ESPP
Common Stock								18,858.309 (2)	I	By ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)	Conversion	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	of Deriva Securi Acquir (A) or Dispos of (D) (Instr.	er ative ties red sed	and Expiration Date (Month/Day/Year)		and Expiration Date		Amor Unde Secur	ınt of rlying	Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned at	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					4, and (A)	,	Date Exercisable	Expiration Date	Title	Amount or Number of Shares							

Reporting Owners

Reporting Owner Name /	Relationships							
Address	Director	10% Owner	Officer	Other				
RINDOM DAVID E 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002			Vice President					

Signatures

David E. Rindom	08/14/2006
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 397.2348 shares acquired between the period of 7/1/2005 and 6/30/2006 under ESPP in a transaction exempt under 16b-3(c).
- (2) Includes 584.149 shares acquired between the period of 7/1/2005 and 6/390/2006 under ESOP in a transaction exempt under 16b-3(c).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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