FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Responses	s)		1											
1. Name and Address of Reporting Person * BRAUDE MICHAEL				2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_ Director 10% Owner				
(Last) (First) (Middle) 5319 MISSION WOODS TERRACE				3. Date of Earliest Transaction (Month/Day/Year) 10/22/2010						į	Officer (give title below) Other (specify below)				
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
SHAWNEE MISSION, KS 66205 (City) (State) (Zip)			Table I Non Desirating Secretary						Aggui	uired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)		1	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if		1	4. Securities Acquired (A) or Disposed of (D)			uired of (D)	5. Amount of Securities			6.	7. Nature of Indirect Beneficial
					ear)	Code	V	Amour	(A) or (D)	Price	(Instr. 3 ar	Instr. 3 and 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common	Stock		10/22/2010			A		1,373	A	(1)	11,444			D	
											ly Owned				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security		3. Transaction Date (Month/Day/Yo	3A. Deemed Execution Data	(e.g., puts, calls, wa 4. Transaction Code Year) (Instr. 8)		5. 6. Number ar		and Expiration Date (Month/Day/Year) An Un Sec		7. Ti Amo Undo Secu (Inst	tle and ount of erlying urities r. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Owners Form of Derivat Security Direct (or Indir	(Instr. 4)
						Instr. 3, 1, and 5)				Amount		(111511. 4)	(III)		
				Code	V	(A) (D)	Date Exer	cisable	Expiration Date	Title	or				
Report	ting O	wners					1								

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
BRAUDE MICHAEL 5319 MISSION WOODS TERRACE SHAWNEE MISSION, KS 66205	X					

Signatures

Michael Braude	10/25/2010
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This is a stock award, therefore, there is no reportable stock price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.