FORM 5
Check this how if no longer

_	Check this box if no longer
	subject to Section 16. Form 4
	or Form 5 obligations may
	continue. See Instruction 1(b).
	Form 3 Holdings Reported

Form 4 Transactions

Reported

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of R RINDOM DAVID E		2. Issuer Name and T MGP INGREDIE				5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) 1300 MAIN STREE	(First) Γ, Ρ.Ο. BOX 1	(3. Statement for Issue Month/Day/Year) 06/30/2005	er's Fiscal Year E	Inded		X Officer (give title below) Other (specify below) Vice President Vice President				
	(Street)	4	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting (check applicable line)			
ATCHISON, KS 660	02						_X_Form Filed by One Reporting Person Form Filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acqu					ired, Disposed of, or Beneficially Owned			
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)	(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Ownership Form:	Beneficial Ownership	
Common Stock								43,964 (1)	D		
Common Stock								501.4849 (2)	Ι	by ESPP	
Common Stock								18,274.16 (3)	Ι	by ESOP	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)														
Security	Conversion		3A. Deemed Execution Date, if	4. Transaction Code (Instr. 8)	5. n Number		s, options, convertible securit 6. Date Exercisable and Expiration Date (Month/Day/Year)		ties) 7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	of Derivative Securities Beneficially Owned at End of	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
					(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options	\$ 4.65						12/07/2004	12/07/2010	Common Stock	2,500 (4)		2,500	D	
Stock Options	\$ 5.95						<u>(5)</u>	12/06/2011	Common Stock	5,000 (6)		5,000	D	
Stock Options	\$ 3.62						<u>(7)</u>	12/02/2012	Common Stock	7,500 <u>(8)</u>		7,500	D	

Reporting Owners

Demosting Ormen Neme /	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
RINDOM DAVID E 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002			Vice President					

Signatures

Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 19,782 additional shares.
- (2) Includes 501.4849 shares acquired between the period of 7/1/2004 and 6/30/2005 under ESPP in a transaction exempt under 16b-3(c).
- (3) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 8,657.718 additional shares of stock options; and includes 958.724 shares acquired between the period of 7/1/2004 and 6/30/2005 under ESOP in a transaction exempt under 16b-3(c).
- (4) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 1,250 additional shares of stock options.
- (5) 2,500 shares vested on each date as follows: 12/6/2004; 12/6/2005
- (6) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 2,500 additional shares of stock options.
- (7) 2,500 shares vested on each date as follows: 12/2/2004; 12/2/2005; 12/2/2006
- (8) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 3,750 additional shares of stock options.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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