Check this box if no longer	-
subject to Section 16. Form 4	
or Form 5 obligations may	AN
continue. See Instruction 1(b).	
Form 3 Holdings Reported	т
	subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).

Form 4 Transactions Reported

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES hours per response..

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] TRAUTSCHOLD MICHAEL J			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner		
(Last)	(First)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)				X_Officer (give title below) Other (specify below) Executive Vice President			
1300 MAIN STREET, P.O. BOX 130			06/30/2005							
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)			
ATCHISON, KS 66002								_X_Form Filed by One Reporting Person Form Filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		(Instr. 8)	 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) 		of (D)	Owned at end of Issuer's Fiscal Year Own (Instr. 3 and 4) Form		n: Beneficial
			(Month/Day/Year)		Amount	(A) or (D)	Price		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock								38,800 <u>(1)</u>	D	
Common Stock								857.7411 (2)	Ι	By ESPP
Common Stock								4,575.53 (<u>3</u>)	Ι	by ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)														
Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transaction Code (Instr. 8)	5.	ber vative rities ired r osed) :. 3,	6. Date Exercisable and 7. Title and Expiration Date of Underly (Month/Day/Year) Securities		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		(Instr. 5)	of Derivative Securities Beneficially Owned at End of	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options ISO	\$ 4.65						12/07/2004	12/07/2010	Common Stock	3,000 (4)		3,000	D	
Stock Options NQ	\$ 4.65						12/07/2004	12/07/2010	Common Stock	3,000 (5)		3,000	D	
Stock Options ISO	\$ 5.95						<u>(6)</u>	12/06/2011	Common Stock	34,000 <u>(7)</u>		34,000	D	
Stock Options NQ	\$ 5.95						<u>(8)</u>	12/06/2011	Common Stock	10,000 <u>(9)</u>		10,000	D	
Stock Options ISO	\$ 3.62						<u>(10)</u>	12/03/2012	Common Stock	18,000 (11)		18,000	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
TRAUTSCHOLD MICHAEL J 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002			Executive Vice President				

Signatures

Michael J. Trautschold	08/12/2005
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 15,700 additional shares.
- (2) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 351.0149 additional shares, and includes 155.7113 shares acquired between the period of 7/1/2004 and 6/30/2005 under ESPP in a transaction exempt under 16b-3(c).
- On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 1,681 additional shares, and includes 1,213.53 shares acquired between the period of 7/1/2004 and 6/30/2005 under ESOP in a transaction exempt under 16b-3(c).
- (4) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 1,500 additional shares of stock options.
- (5) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 1,500 additional shares of stock options.
- (6) 11,000 shares vested on 12/6/2002 and 12/6/2003; 6,000 vested on 12/6/2004; and 6,000 will vest on 12/6/2005
- (7) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 17,000 additional shares of stock options.
- (8) 5,000 vested on 12/6/2004; 5,000 will vest on 12/6/2005
- (9) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 5,000 additional shares of stock options.
- (10) 6,000 vested on 12/3/2004; 6,000 will vest on 12/3/2005 and 12/3/2006
- (11) On July 16, 2004, the common stock of MGP Ingredients, Inc. split 2-for-1 resulting in the reporting person's acquisition of 9,000 additional shares of stock options.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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