FORM 4	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Perso CLOUD L CRAY JR	2. Issuer Name and MGP INGREDII			0 2		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner				
(Last) (First) 1300 MAIN STREET, P.O. BOX	7 1 2 0	3. Date of Earliest Transaction (Month/Day/Year) 10/14/2005						XOfficer (give title below) Other (specify below) Chairman of the Board		
(Street) ATCHISON, KS 66002	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Yea)		Execution Date, if any	(Instr. 8)		(A) or Disposed of (D)			Transaction(s)	6. Ownership Form:	Beneficial
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)															
	2.		3A. Deemed			6. Date Exercis					9. Number of		11. Nature		
	Conversion		Execution Date, if			-						Ownership			
		(Month/Day/Year)									2			Beneficial	
· /	Price of		(Month/Day/Year)	(Instr. 8)	Securit				(Instr. 3 and	(4)	· · · ·		Derivative	-
	Derivative					Acquire	ed								(Instr. 4)
	Security					(A) or							0	Direct (D)	
						Dispose of (D)	a						Reported Transaction(s)	or Indirect	
						(Instr. 3	2 1							(1) (Instr. 4)	
						and 5)	, - ,						(IIIsu: 4)	(IIIsu. 4)	
						and 3)									
											Amount				
								Date	Expiration		or				
								Exercisable	Date		Number				
				C 1	* 7	(1)					of				
				Code	V	(A)	(D)				Shares				
Stock															
Options										Common					
-	\$ 10.45	10/14/2005		Α		2,000		04/17/2006	10/14/2015		2,000	\$ 0	0	D	
(Non-										Stock					
qualified)															

Reporting Owners

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
CLOUD L CRAY JR 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002	Х	Х	Chairman of the Board						

Signatures

Cloud L. Cray, Jr. 10/18/2005

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.