FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)															
1. Name and Address of Reporting Person* MYERS MARTA L					2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 100 COMMERCIAL, P.O. BOX 130					3. Date of Earliest Transaction (Month/Day/Year) 11/24/2008						X Officer (give title below) Other (specify below) Corporate Secretary						
(Street) ATCHISON, KS 66002				4. If	4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)					Table I - Non-Derivative Securities Acqu							ured, Disposed of, or Beneficially Owned					
(Instr. 3)		2. Transaction Date (Month/Day/Year)	Exec any		Date, if	Code (Instr. 8)		4. Securities Acqu (A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Beneficia Reported	nt of Securities ally Owned Following d Transaction(s)		Form:	7. Nature of Indirect Beneficial		
			(Month/Day/Year)		Co	ode	V	Amoun	(A) or t (D)	Price	(Instr. 3 a	nd 4)		Direct (D) or Indirect (I) (Instr. 4)			
Common	Stock		11/24/2008				F	•		300	A	\$ 0.83	300			I	By Son
								t quired	he fo	orm dis	splays a of, or Be	curre neficia			spond unle trol numbe		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of		3A. Deemed Execution De	ate, if	4. Transact Code	tion	5.	er	6. Dar and E	te Exer	on Date	7. T Am Uno	itle and ount of lerlying urities		9. Number Derivative Securities Beneficially	of 10. Owner Form o	11. Nature

Reporting Owners

D 41 0 N 4	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
MYERS MARTA L 100 COMMERCIAL P.O. BOX 130 ATCHISON, KS 66002			Corporate Secretary					

Signatures

Marta L. Myers	11/25/2008
***Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.