FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

(Print or Type Responses)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person MILLER LINDA E			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)XDirector10% Owner							
P.O. BOX 130, 1300 MAIN STREET (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/15/2006							-			itle below)		r (specify bel	ow)	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)								6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
ATCHISON, KS 66002 (City) (State) (Zip)			(Zip)	Table I - Non-Derivative Securities Acon							Acqui	uired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea				3. T Coc (Ins	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)			6. Ownership Form:	Beneficial			
			(Month/Day/Year)			Code	V	mount	(A) or (D)	Price	(Instr. 3 a	or Ind (I)		Direct (D) or Indirect (I) (Instr. 4)			
Common	Stock		05/15/2006				M	4	,000	A	<u>(1)</u> 4	4,000				D	
Common	Stock		05/15/2006				S	4	,000	D	<u>(2)</u>	0				D	
Common Stock 05/1:		05/15/2006				S	2	,500	D	<u>(3)</u>	6,170.33]	By ESPP		
Reminder:	Report on a s	separate line for each	n class of securities b	peneficia	lly owned	l directl	Po	erson this f	orm ar	e not re	quired	l to resp	ond u	nless the	ion contair form	ed SEC	1474 (9-02)
Reminder:	Report on a s	separate line for each	n class of securities b	Derivat	ive Secu	rities Ac	Poin di di cquired,	erson this f isplay	orm ar s a cur sed of,	e not re rently v or Benef	equired alid Of ficially (I to resp MB cont	ond u	nless the		ed SEC	1474 (9-02)
1. Title of	2. Conversion	3. Transaction	Table II -	Derivat (e.g., pu 4. Transac Code	ive Securits, calls, 5. N tion of Der Security Acq (A) Displaying	rities Acwarran fumber ivative urities uired or posed D) tr. 3, 4,	Poin di di cquired,	erson this f isplay , Dispo ons, co e Exerc	orm are a cur sed of, nvertible isable a	re not re rently v or Benef le securi	ralid Officially (ties) 7. Title of Undo Securit	Owned and Amoderlying	ount 8	nless the mber.		f 10. Owners Form o Derivat Securit Direct or India	11. Natur of Indirect f ive Beneficia Ownersh (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - 3A. Deemed Execution Date, if any	Derivat (e.g., pu 4. Transac Code	ive Securits, calls, tion of Der Securits Acq (A) Disport Of Of Order	rities Adwarran fumber ivative urities uired or oosed D) tr. 3, 4, 5)	equired, ts, option 6. Date Expira	erson this t isplay , Dispo ons, co e Exerc ation Da h/Day/	orm are a cur sed of, nvertible isable a	e not re rently v or Benef le securi nd	ralid Officially (ties) 7. Title of Undo Securit	I to resp MB cont Owned e and Amo eerlying ies 3 and 4)	ount 8 C S (()	nless the mber. B. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transactions	f 10. Owners Form o Derivat Securit Direct or India s) (I)	11. Natur of Indirect f ive Beneficia Ownersh (Instr. 4)
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	Table II - 3A. Deemed Execution Date, if any	Derivat (e.g., pu 4. Transac Code (Instr. 8	ive Secults, calls, 5. N of Disposition of (Instance) (Acquartical Acquartical Acquartic	rities Adwarran fumber ivative urities uired or ooseed D) tr. 3, 4, 5)	Point di coquired. ts, optic 6. Date Exercis	erson n this tisplay , Display , Display , Display hh/Day/	sed of, nevertiblisable a telegrear) Expira Date	e not re rently v or Benef le securi nd	required of calld Officially (ties) 7. Title of Und Securit (Instr. 3	Am or Nu of Sha	ount 8 C S (()	nless the mber. B. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transactions	f 10. Owners Form o Derivat Securit Direct or India s) (I)	11. Natur of Indirect f ive Beneficia Ownersh (Instr. 4)

Reporting Owners

D	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
MILLER LINDA E P.O. BOX 130 1300 MAIN STREET ATCHISON, KS 66002	X					

Signatures

Linda E. Miller	05/15/2006
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) 2,000 shares were acquired at \$9.09; and 2,000 shares were acquired at \$10.45.
- (2) 3,000 shares were sold at \$31.10; and 1,000 were sold at \$31.14 per share.
- (3) 500 shares were sold at \$31.00; 1,000 at \$31.93; and 1,000 at \$32.39.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.