FORM 5
 Check this box if no longer

	Check this box if no longer
	subject to Section 16. Form 4
	or Form 5 obligations may
	continue. See Instruction 1(b).
-	Form 3 Holdings Reported

Form 4 Transactions

Reported

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0362 Estimated average burden hours per response... 1.0

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] – RINDOM DAVID E			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
(Last)	(First)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 06/30/2011					X Officer (give title below) Other (specify below) Vice President Vice President				
1300 MAIN STREET, P.O. BOX 130 (Street)							6. Individual or Joint/Group Reporting (check applicable line)				
ATCHISON, KS 66002								_X_Form Filed by One Reporting Person Form Filed by More than One Reporting Person			
(City) (State) (Zip)			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)			4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			(Instr. 3 and 4)	Ownership Form:	Beneficial	
			(Month/Day/Year)		Amount	(A) or (D)	Price		Direct (D) or Indirect (I) (Instr. 4)		
Common Stock								61,661 (<u>1)</u>	D		
Common Stock								58,039 (2)	Ι	By Trust	
Common Stock								6,099 <u>(3)</u>	Ι	By IRA	
Common Stock								8,122	I	By Spouse's IRA	
Common Stock								0.916	Ι	By ESPP	
Common Stock								17,414.031 (4)	Ι	By ESOP	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)														
Security	Conversion	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	5. Num of Deriv Secur Acqu (A) o Dispo of (D (Instr 4, and	ber vative rities tired or osed 0) c. 3,	Expiration Date (Month/Day/Year)		of Underlying Securities		g Derivative of Security I (Instr. 5) S I I I I I I I I I		Ownership Form of Derivative	Beneficial
					(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option	\$ 3.62						12/02/2006	12/02/2012	Common Stock	7,500		7,500	D	

Reporting Owners

	Relationships						
	Director	10% Owner	Officer	Other			
Reporting Owner Name / Address							

Signatures

David E. Rindom	08/12/2011
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 2,500 shares were moved from being directly held by the reporting person to reside in the reporting person's trust.
- (2) 2,500 shares were moved to the reporting person's trust from being directly held by the reporting person.
- (3) Includes a distribution of 5,804 shares made to the reporting person's IRA from the reporting person's ESOP.
- (4) Reflects a distribution of 5,804 shares made to the reporting person's IRA from the reporting person's ESOP.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.