FORM 5

Form 4 Transactions

Reported

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPR	OVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Form 3 Holdings Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Seaberg Karen			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			
(Last) 20073 266TH RO	(First)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 06/30/2011					Officer (give title below)	Other (specify	below)	
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting (check applicable line)			
ATCHISON, KS	66002							_X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		(A) or D	Disposed of (D) 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock					rimount	(D)	11100	7,303	D		
Common Stock		12/19/2010		G	1,200	A	\$ 0	225,850	I	By Trust	
Common Stock								6,939.68 (1)	I	By ESPP	
Preferred Stock								111	I	By MGPI Voting Trust	
Common Stock		12/19/2010		G	1,200	A	\$ 0	767,572	I	By Spouse's Trust	
Common Stock								120,000	I	By Spouse's IRA	
Common Stock								96,000	I	By Spouse	
Preferred Stock								292	D (2)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

l. Title of	2.	3. Transaction	3A. Deemed	4.	5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	Numbe	er	and Expiration	on Date	Amou	unt of	Derivative	of	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	of		(Month/Day	Year)	Unde	rlying	Security	Derivative	Form of	Beneficial
Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Deriva	tive	,		Secur	rities	(Instr. 5)	Securities	Derivative	Ownership
1	Derivative				Securit	ties			(Instr	. 3 and	, i	Beneficially	Security:	(Instr. 4)
	Security				Acquir	red			4)			Owned at	Direct (D)	` ´
	Ĭ				(A) or				ĺ			End of	or Indirect	
					Dispos							Issuer's	(I)	
					of (D)							Fiscal Year	(Instr. 4)	
					(Instr.							(Instr. 4)	,	
					4, and							()		
										Amount				
							Exercisable	Date						
					(A)	(D)				-				
					(A)		Date Exercisable	Expiration Date	Title	or Number of Shares				

Reporting Owners

Reporting Owner Name /	Relationships						
Address	Director	10% Owner	Officer	Other			
Seaberg Karen 20073 266TH ROAD ATCHISON, KS 66002	X						

Signatures

Karen Seaberg	08/12/2011
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 3601.12 shares acquired between the period of 07/01/2010 and 06/30/2011 under ESPP in a transaction exempt under 16b-3(c).
- (2) 221 of the 292 is indirectly held by Spouse for the MGPI Voting Trust.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.