FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Form 3 Holdings Reported

Form 4 Transactions

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of ReTHORNTON WILLIA	2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle)			3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)				X Officer (give title below) Other (specify below) Vice President			
1300 MAIN STREET,	P.O. BOX 13	30	06/30/2004							
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)			
ATCHISON, KS 66002			_X_Form Filed by One Reporting Person Form Filed by More than One Reporting Person							
(City) (State) (Zip)			Table I - Non-Derivative Securities Acquired, D					d, Disposed of, or Beneficially Owned		
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if any		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	Beneficially Owned at end of Issuer's Fiscal Year		Beneficial
			(Month/Day/Year)		Amount	(A) or (D)	Price		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Common Stock								6,200	D	
Common Stock								3,502 (1)	I	by ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	of	vative rities aired or cosed o) :. 3,	6. Date Exer Expiration I (Month/Day	Date	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	of Derivative Securities Beneficially Owned at End of	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option	\$ 13.50						(2)	03/05/2008	Common Stock	3,000		0	D	
Employee Stock Option	\$ 8						(3)	12/09/2009	Common Stock	1,500		0	D	
Employee Stock Option	\$ 9.3125						<u>(4)</u>	12/07/2010	Common Stock	5,000		0	D	
Employee Stock Option	\$ 11.90						<u>(5)</u>	12/06/2011	Common Stock	5,000		0	D	
Employee Stock Option	\$ 7.25						(6)	12/03/2012	Common Stock	5,000		0	D	

Reporting Owners

	Relationships
Reporting Owner Name /	

Address	Director	10% Owner	Officer	Other
THORNTON WILLIAM R 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002			Vice President	

Signatures

William R. Thornton	06/30/2004
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 31 shares acquired between the period of 7/1/03 6/30/04 under ESOP in a transaction exempt under 16b-3(c).
- (2) 750 shares vested on each of the following dates: 3/5/99; 3/5/00; 3/5/01; 3/5/02
- (3) 375 shares vested on each of the following dates: 12/9/00; 12/9/01; 12/9/02; 12/9/03
- (4) 1,250 shares vest on each of the following dates: 12/7/01; 12/7/02; 12/7/03; 12/7/04
- (5) 1,250 shares vest on each of the following dates: 12/6/02; 12/6/03; 12/6/04; 12/6/05
- (6) 1,250 shares vest on each of the following dates: 12/3/03; 12/3/04; 12/3/05; 12/3/06

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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