### FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPRO	VAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b). Form 3 Holdings Reported

Form 4 Transactions

## ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person CLOUD L CRAY JR	2. Issuer Name and MGP INGRED			l	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
(Last) (First)	(Middle)	3. Statement for Iss (Month/Day/Year)	uer's Fiscal Year	Ended		X Officer (give title below) Other (specify below)  Chairman of the Board						
1300 MAIN STREET, P.O. BOX	130	06/30/2004										
(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting (check applicable line)					
ATCHISON, KS 66002						_X_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person						
(City) (State)	(Zip)	•	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security 2. Transaction Date (Month/Day/Year)			(Instr. 8)	(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	6. Ownership Form:	Beneficial			
		(Month/Day/Year)		Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)			
Common Stock	05/17/2003		G	12,791	D	\$ 0	0	D				
Common Stock	05/17/2004		G	12,791	A	\$ 0	1,353,981	I	by Trust			
Common Stock	12/09/2003		G	916	D	\$ 0	8,147	I	by Family Foundation			
Common Stock							237,756	I	by Spouse's Trust			
Common Stock							108,000	I	by Trust 1			
Common Stock	on Stock						45,000	I	by Trust 8			
Common Stock							45,000	I	by Trust 9			
Common Stock							45,000	I	by Trust 10			
Common Stock							10,694 (1)	I	by ESPP			
Common Stock							70,500 (2)	I	by ESOP			
Preferred Stock							333	I	by Cray Family Trust			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)	Conversion	Date (Month/Day/Year)	Execution Date, if	Transaction Code (Instr. 8)	of	vative rities aired or cosed () : 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title and Amount of Underlying Securities (Instr. 3 and 4)		ng	Derivative Security (Instr. 5)	of Derivative Securities Beneficially Owned at End of	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial Ownership	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option	\$ 16.25						04/11/1997	10/11/2006	Common Stock	1,000		0	D	

Stock Option	\$ 14.25			04/09/1998	10/09/1997	Common Stock	1,000	0	D	
Stock Option	\$ 11.75			04/08/1999	10/08/2008	Common Stock	1,000	0	D	
Stock Option	\$ 9			04/13/2000	10/13/2009	Common Stock	1,000	0	D	
Stock Option	\$ 9.625			04/12/2001	10/12/2010	Common Stock	1,000	0	D	
Stock Option	\$ 11.15			04/11/2002	10/11/2011	Common Stock	1,000	0	D	
Stock Option	\$ 6.50			04/11/2003	10/11/2012	Common Stock	1,000	0	D	
Stock Option	\$ 8.75			04/10/2004	10/10/2013	Common Stock	1,000	0	D	

#### **Reporting Owners**

Reporting Owner Name /	Relationships							
* °	Director	10% Owner	Officer	Other				
CLOUD L CRAY JR 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002	X		Chairman of the Board					

#### **Signatures**

Cloud L. Cray, Jr.	06/30/2004
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- $\textbf{(1)} \ \ Includes \ 912 \ shares \ acquired \ between \ the \ period \ of \ 7/1/03 \ and \ 6/30/04 \ under \ ESPP \ in \ a \ transaction \ exempt \ under \ 16b-3(c).$
- (2) Includes 320 shares acquired between the period of 7/1/03 6/30/04 under ESOP in a transaction exempt undr 16b-3(c).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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