FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses) 1. Name and Address of Reporting Person * RINDOM DAVID E			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X Officer (give title below) Vice President				
(Last) (First) (Middle) 1300 MAIN STREET, P.O. BOX 130		3. Date of Earliest 12/06/2006	3. Date of Earliest Transaction (Month/Day/Year) 12/06/2006									
(Street) ATCHISON, KS 66002		4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State)	Ta	Table I - Non-Derivative Securities Acqu				Acqui	nired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Yea		Code (Instr. 8)	4. Securities Acqu (A) or Disposed or (Instr. 3, 4 and 5)		of (D)	Beneficial Reported	nt of Securities ally Owned Following Transaction(s)		6. Ownership Form:	Beneficial	
		(Month/Day/Year)	Code	V	Amount	(A) or (D)	Price	(Instr. 3 and 4)			Ownership (Instr. 4)	
Common Stock	12/06/2006		A	1	5,600	A	(1)	30,242			D	
				contai the for	ned in m disp	this for plays a	m are currei	not requ ntly valid		ormation spond unles rol number	s	1474 (9-02)
				contai the for	ned in m disp	this for plays a	m are currei	not requ ntly valid	ired to res	spond unles	s	1474 (9-02)
Derivative Conversion Date Security or Exercise (Month/	saction 3A. Deeme Execution 1/Day/Year) any	Oate, if Transaction Code y/Year) (Instr. 8)	es Acquire	contai the for ed, Disp tions, c 6. Date and Ex	ned in m disp osed of	this for blays a constant of the secunsable of the secundary of the se	eficial rities) 7. Ti Amo Und Secu	not requ ntly valid	ired to res	spond unlestrol number	f 10. Ownersl Form of Derivati Security Direct (I or Indire	11. Nat of Indir Benefic Owners : (Instr. 2
Derivative Conversion Security (Instr. 3) Price of Derivative Date	saction 3A. Deeme Execution 1/Day/Year) any	d 4. Date, if Transaction Code y/Year) (Instr. 8)	es Acquires errants, op 5. Number of Derivative Securities Acquired (A) or Disposed	contai the for ed, Disp tions, c 6. Date and Ex	ned in median dispensed of onvertile Exercispiration (n/Day/Y	this for blays a constant of the secunsable of the secundary of the se	rm are current eficial rities) 7. Ti Amo Und Secu (Inst 4)	e not requently valid ly Owned itle and ount of erlying urities r. 3 and Amount or Number	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(f 10. Ownersl Form of Derivati Security Direct (I or Indirects)	11. Nat of Indir Benefic Owners : (Instr. 2
Derivative Conversion Security (Instr. 3) Price of Derivative Date	saction 3A. Deeme Execution 1/Day/Year) any	d Date, if Code y/Year) (e.g., puts, calls, wa 4. Transaction Code (Instr. 8)	es Acquires prants, ope 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	contai the for ed, Disp tions, c 6. Date and Ex (Montal	ned in median dispensed of onvertile Exercispiration (n/Day/Y	this for blays a for Ben ble secu sable a Date fear)	rm are current eficial rities) 7. Ti Amo Und Secu (Inst 4)	e not requently valid Ity Owned Itle and ount of erlying urities r. 3 and Amount or	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(f 10. Ownersl Form of Derivati Security Direct (I or Indirects)	11. Nat of Indir Benefic Owners : (Instr. 2
Derivative Conversion Date Security (Instr. 3) Price of Derivative	saction J/Day/Year) 3A. Deeme Execution I any (Month/Da	d Date, if Code y/Year) (e.g., puts, calls, wa 4. Transaction Code (Instr. 8)	es Acquires prants, opi 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	contai the for ed, Disp tions, c 6. Date and Ex (Montal	ned in median dispensed of onvertile Exercispiration (n/Day/Y	this for blays a for Ben ble secu sable a Date fear)	rm are current eficial rities) 7. Ti Amo Und Secu (Inst 4)	e not requently valid ly Owned itle and ount of erlying urities r. 3 and Amount or Number of	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(f 10. Ownersl Form of Derivati Security Direct (I or Indirects)	11. Nat of India Benefit Owners: (Instr. 4

D 41 0 N /	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
RINDOM DAVID E 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002			Vice President			

Signatures

David E. Rindom	12/08/2006
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This is a stock award, therefore, there is no reportable price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.