FORM 5

Form 4 Transactions

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Form 3 Holdings Reported

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0362							
Estimated average I	ourden							
hours per response.	1.0							

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting F CLOUD L CRAY JR	2. Issuer Name and MGP INGRED		~ .	l	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)XDirector10% Owner				
(Last) (First) 1300 MAIN STREET, P.O. B	3. Statement for Iss (Month/Day/Year) 06/30/2009	uer's Fiscal Year	Ended		Officer (give title below)	Other (specify	below)		
(Street)		4. If Amendment, Γ	Date Original File	ed(Month/Da	y/Year)	6. Individual or Joint/Group Reporting (check applicable line)			
ATCHISON, KS 66002					_X_Form Filed by One Reporting PersonForm Filed by More than One Reporting Person				
(City) (State)	(Zip)	ŗ	Гable I - Non-D	erivative	Securiti	es Acq	uired, Disposed of, or Beneficially	Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, if	3. Transaction Code (Instr. 8)	(A) or Disposed of (D) (Instr. 3, 4 and 5)			Issuer's Fiscal Year Form (Instr. 3 and 4) Director In (I)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common				Amount	(D)	rice	118,255 (1)	(Instr. 4)	
Common	12/22/2008		G	36,000	D	\$ 0	2,582,105	I	By Trust
Common				,			12,560	I	by Family Foundation
Common							475,530	I	By Spouse's Trust
Common	01/12/2009		G	18,000	D	\$ 0	108,000	I	By Trust 1
Common							90,000	I	By Trust 8
Common							90,000	I	By Trust 9
Common							90,000	I	By Trust 10
Common							40,082.28 (2)	I	By ESPP
Common							0 (3)	I	By ESOP
Preferred							111	Ι	By MGP Ingredients Voting Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	of	vative rities ired r osed	Expiration Date (Month/Day/Year)		piration Date of Underlying Securities Securities		(Instr. 5)	of Derivative Securities Beneficially	Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Stock Option	\$ 4.50				4, and (A)	15)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		2,000	D	

Stock Option	\$ 4.8125			04/12/2001	10/12/2010	Common	2,000	2,000	D	
Stock Option	\$ 5.575			04/11/2002	10/11/2011	Common	2,000	2,000	D	
Stock Option	\$ 3.25			04/11/2003	10/11/2012	Common	2,000	2,000	D	
Stock Option	\$ 4.375			04/10/2004	10/12/2013	Common	2,000	2,000	D	
Stock Option	\$ 9.09			04/16/2005	10/15/2014	Common	2,000	2,000	D	
Stock Option	\$ 10.45			04/17/2006	10/14/2015	Common	2,000	2,000	D	

Reporting Owners

Banauting Owner Name /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
CLOUD L CRAY JR 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002	X						

Signatures

Cloud L. Cray, Jr.	08/13/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes a total distribution of 110,974 shares received from reporting person's ESOP.
- (2) Includes 10,894 shares acquired between the period of 07/21/2008 and 06/30/2009 under ESPP in a transaction exempt under 16b-3(c).
- (3) Includes 3,451 shares acquired between the period of 07/01/2008 and 06/30/2009 under ESOP in a transaction exempt under 16b-3(c); and then a total distribution of 110,974 shares directly held by the reporting person. Fractional share of 0.8170 distributed via cash.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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