FORM 5
 Check this box if no longer

	Check this box if no longer
	subject to Section 16. Form 4
	or Form 5 obligations may
	continue. See Instruction 1(b).
-	Form 3 Holdings Reported

Form 4 Transactions

Reported

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0362 Estimated average burden hours per response... 1.0

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] RINDOM DAVID E			2. Issuer Name and MGP INGREDII				5. Relationship of Reporting Person(s (Check all applica Director			
(Last) 1300 MAIN STRE	(First) EET, P.O. BOX 1	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 06/30/2009					XOfficer (give title below) Other (specify below) Vice President			
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting (check applicable line)		
ATCHISON, KS 66002								_X_Form Filed by One Reporting Person Form Filed by More than One Reporting Person		
(City) (State) (Zip)			Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	3. Transaction Code (Instr. 8)	(A) or D	(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or			Ownership Form:	Beneficial Ownership
Common								47,361 <u>(1)</u>	D	
Common								48,642 (2)	Ι	By Trust
Common								295	Ι	By IRA
Common								3,764.40 (3)	Ι	By ESPP
Common								23,163.291 (4)	Ι	By ESOP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)													
1. Title of			3A. Deemed	4.	5.					8. Price of		10.	11. Nature	
	Conversion		Execution Date, if	Transaction	Num		Expiration Date		of Underlying		Derivative		Ownership	of Indirect
		(Month/Day/Year)			of		(Month/Day/Y				2			Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	· /	Deriv				(Instr. 3 and 4)		· /			Ownership
	Derivative				Secu							Beneficially		(Instr. 4)
	Security				Acqu								Direct (D)	
					(A) 0								or Indirect	
					Dispo								(I) (Insta. 4)	
					of (D (Instr							Fiscal Year (Instr. 4)	(Instr. 4)	
					4, and							(IIISU. 4)		
					<i>ч</i> , ан	u <i>5</i>)		1		L.				
										Amount				
							Date	Expiration	m: 1	or				
							Exercisable	Date	Title	Number				
					(Λ)	(\mathbf{D})				of Shares				
					(A)	(D)				Shares			-	
Stock	\$ 4.65						12/07/2004	12/07/2010	Common	2 500		2,500	D	
Option	\$ 4.05						12/07/2004	12/0//2010	Common	2,300		2,300	D	
-														
Stock	\$ 3.62						<u>(5)</u>	12/02/2012	Common	7.500		7,500	D	
Option	+ - · · · -									.,200		.,	2	

Reporting Owners

Reporting Owner Name /	Relationships							
Address	Director	10% Owner	Officer	Other				
RINDOM DAVID E 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002			Vice President					

Signatures

David E. Rindom	08/13/2009
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Includes 11,084 shares that reporting person moved from being directly held to being held in his trust.

- (2) Includes 11084 shares that reporting person moved from being directly held to being held in his trust.
- (3) Includes 3154.9517 shares acquired between the period of 07/01/2008 and 06/30/2009 under ESPP in a transaction exempt under 16b-3(c).

(4) Includes 2665.1790 shares acquired between the period of 07/01/2008 and 06/30/2009 under ESOP in a transaction exempt under 16b-3(c).

(5) 2,500 shares exercisable on 12/2/2004; 2,500 shares on 12/2/2005; and 2,500 shares on 12/2/2006.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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