subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Form 3 Holdings Reported Form 4 Transactions

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB Number: Estimated average burden hours per response...

OMB APPROVAL

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Speirs John R			2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner			
(Last) P.O. BOX 1164	(First)	(3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 06/30/2009					Officer (give title below)	ther (specify bel	low)	
(Street) EL PRADO, NM 87529			4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting (check applicable line) _X_Form Filed by One Reporting Person Form Filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acqu								
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	(Instr. 8)	4. Securi (A) or Di (Instr. 3,	isposed o	of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	Ownership Form:	Beneficial Ownership	
Common								7,281	D		
Common								25,235.93 ⁽¹⁾		By ESPP	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion	Date (Month/Day/Year)	Execution Date, if	Transaction Code (Instr. 8)	of Deriv Secun Acqu (A) o Dispo of (D (Instr	Expiration Date (Month/Day/Year) berivative ecurities acquired A) or Disposed		Securities		Derivative Security (Instr. 5)	of Derivative Securities Beneficially Owned at	Derivative Security: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option	\$ 9.09						04/16/2005	10/15/2014	Common	2,000		2,000	D	
Stock Option	\$ 10.45						04/17/2006	10/14/2015	Common	2,000		2,000	D	

Reporting Owners

Danastina Oroman Nama /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Speirs John R							
P.O. BOX 1164	X						
EL PRADO, NM 87529							

Signatures

John R. Speirs	08/13/2009
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 15997.8428 shares acquired between the period of 07/01/2008 and 06/30/2009 under ESPP in a transaction exempt under 16b-3(c).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.