subject to Section 16. Form 4 or Form 5 obligations may

### continue. See Instruction 1(b). Form 3 Holdings Reported Form 4 Transactions

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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### ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. I taine and I tadress of Reporting I erson			Issuer Name and Ticker or Trading Symbol     MGP INGREDIENTS INC [MGPI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner		
(Last)	(First)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 06/30/2010					Officer (give title below) Other (specify below)		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)  _X_Form Filed by One Reporting PersonForm Filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	Execution Date, if	3. Transaction Code (Instr. 8)	(A) or Disposed of (D)		of (D)	(Instr. 3 and 4)	Ownership Form:	Beneficial Ownership
Common Stock								10,071	D	
Common Stock								40,750.703 (1)	I	By ESPP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB

SEC 2270 (9-02)

 ${\bf Table~II-Derivative~Securities~Acquired, Disposed~of, or~Beneficially~Owned}$ (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Num of Deriv Secur Acqu (A) o Dispo of (D (Instr 4, and	vative rities aired or osed () : 3,			of Underlying Securities		Derivative of Security Derivative	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option	\$ 9.09						04/16/2005	10/15/2014	Common Stock	2,000		2,000	D	
Stock Option	\$ 10.45						04/17/2006	10/14/2015	Common Stock	2,000		2,000	D	

### **Reporting Owners**

Donouting Owner Name /	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
BYOM JOHN E	X						

## **Signatures**

John E. Byom	08/11/2010
**Signature of Reporting Person	Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 11,426.203 shares acquired between the period of 07/01/2009 and 6/30/2010 under ESPP in a transaction exempt under 16b-3(c).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

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