FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person * SCHRICK RANDY M | | | 2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI] | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X_Officer (give title below) Other (specify below) Vice President | | | | |
|---|----------------------------------|--|--|------------|--|--|---|--|-------------------------|---------------|--|---|
| (Last) (First) (Middle) 1300 MAIN STREET, P.O. BOX 130 | | | 3. Date of Earliest Transaction (Month/Day/Year) 08/26/2010 | | | | | | | | | |
| (Street) ATCHISON, KS 66002 | | 4. If Amendment, Date Original Filed(Month/Day/Year) | | | | | Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| (City) | (State) | (Zip) | Table I - Non-Derivative Securities Acq | | | Acqu | uired, Disposed of, or Beneficially Owned | | | | | |
| 1.Title of Security (Instr. 3) | | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year | (Instr. 8) | (A) | A. Securities Acquired (A) or Disposed of (D (Instr. 3, 4 and 5) | | D) Beneficially Owned Following Reported Transaction(s) | | following (s) | Form: | Beneficial |
| | | | | Code | V Am | (A) or (D) | Price | (Instr. 3 a | nd 4) | | | Ownership (Instr. 4) |
| Common Stock | | 08/26/2010 | | A | 14 | 300 A | <u>(1)</u> | 92,130 | | | D | |
| reminder. Report of | i a separate inic ioi | each class of secur | nies beneficially ov | | Persons containe | who responed in this for displays a | m are | not requ | uired to res | spond unles | ss | 1474 (9-02) |
| Reminder: Report of | i a separate inic ioi | Table II - l | Derivative Securiti | es Acquir | Persons containe the form | who respond d in this for displays a ed of, or Ben | m are curre eficial | not requesting ntly valid | uired to res | spond unles | ss | 1474 (9-02) |
| 1. Title of Derivative Security (Instr. 3) Convers or Exerc Price of Derivati Security | 3. Transaction Date (Month/Day/Y | Table II - I (3A. Deemed Execution Da any | Derivative Securities, puts, calls, was te, if Transaction Code (Instr. 8) | es Acquir | Persons contained the form ed, Dispositions, con 6. Date E and Expi (Month/I | who respond d in this for displays a ed of, or Ben | eficial rities) 7. T Amo | not requesting ntly valid | omB cont 8. Price of | spond unles | f 10. Ownersl Form of Derivati Security Direct (I | 11. Nat of Indir Benefic Owners : (Instr. 4 |

| D (1 0 N / | Relationships | | | | | |
|---|---------------|--------------|----------------|-------|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | |
| SCHRICK RANDY M 1300 MAIN STREET P.O. BOX 130 ATCHISON, KS 66002 | | | Vice President | | | |

Signatures

| Randy M. Schrick | 09/03/2010 |
|---------------------------------|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This is a stock award, therefore, there is no reportable price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.