FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Responses)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Print or Type Response	s)		1								
1. Name and Address of Reporting Person [*] Seaberg Karen			2. Issuer Name an MGP INGRED				ıbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X_ Director10% Owner			
(Last) 20076 266TH ROA	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 06/26/2015					Officer (give title below)	Other (specify	below)	
(Street) ATCHISON, KS 66002									6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Tal	ble I - Non	-Der	ivative So	ecuritie	s Acqu	lired, Disposed of, or Beneficially	y Owned	
1.Title of Security (Instr. 3)	-		of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D)	Ownership Form:of IndirectDirect (D)Ownershipor Indirect(Instr. 4)					
				Code	v	Amount	(A) or (D)	Price		(I) (Instr. 4)	(1150.4)
Common Stock		06/26/2015		А		1,547 <u>(1)</u>	А	\$ 0	29,282	D	
Common Stock									120,000	Ι	by spouse's IRA
Common Stock									823,440	I	by spouse's trust
Common Stock									29,754	Ι	by ESPP
Common Stock									165,819	Ι	by trust
Common Stock									2,573,967	Ι	by Cray MGP Holdings LP

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(<i>e.g.</i> , puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.	4	5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transactio	n l	Numb	er	and Expiration	on Date	Amo	unt of	Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code	0	of		(Month/Day	/Year)	Unde	rlying	Security	Securities	Form of	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	I	Deriva	ative			Secur	rities	(Instr. 5)	Beneficially	Derivative	Ownership
	Derivative				5	Securi	ities			(Instr	. 3 and			Security:	(Instr. 4)
	Security				1	Acqui	red			4)			0	Direct (D)	
						(A) or							1	or Indirect	
						Dispo							Transaction(s)	× /	
						of (D)							(Instr. 4)	(Instr. 4)	
						Instr.	-								
					4	4, and	. 5)				-				
											Amount				
								Date	Expiration		or				
								Exercisable		Title	Number				
								Exercisable	Date		of				
				Code V	V	(A)	(D)				Shares				

Reporting Owners

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		

Seaberg Karen 20076 266TH ROAD ATCHISON, KS 66002	Х				
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Signatures

/s/ Lori Norlen, Attorney in Fact for Karen Seaberg		06/30/2015
Signature of Reporting Person		Date
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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents annual award of unrestricted shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.