F	(F	SI	M	5

Check this box if no longer
subject to Section 16. Form 4
or Form 5 obligations may
continue. See Instruction 1(b).
Form 3 Holdings Reported

Form 4 Transactions

Reported

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0362 Estimated average burden hours per response... 1.0

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] RINDOM DAVID E			2. Issuer Name and MGP INGRED			ol		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
(Last)	(First)	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)					X_Officer (give title below) Other (specify below) Vice President				
C/O MGP INGRE COMMERCIAL		NC., 100	12/31/2015								
	(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting (check applicable line)				
ATCHISON, KS	66002							X_Form Filed by One Reporting Person Form Filed by More than One Reportin	g Person		
(City)	(State)	(Zip)	Tab	le I - Non-Deri	ivative Se	curities	s Acqui	red, Disposed of, or Beneficially	Owned		
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		Code	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year	Ownership of Form: B	Beneficial	
			(Month/Day/Year)		Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common Stock		08/25/2015		F4	5,720	D	\$ 14.83	22,403	D		
Common Stock		09/11/2015		S4	0.883	D	\$ 15.67	0	Ι	ESPP	
Common Stock								8,122	Ι	By Spouse's IRA	
Common Stock								23,513	Ι	By IRA	
Common Stock								96,599	Ι	By Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this SEC 2270 (9-02) form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of	2.	3. Transaction	3A. Deemed	4.	5.		6. Date Exer	cisable	7. Tit	le and	8. Price of	9. Number	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transaction	Numl	nber and Expiration Date A		Amou	unt of	Derivative	of	Ownership	of Indirect	
Security	or Exercise	(Month/Day/Year)	any	Code	of	(Month/Day/Year)		Under	rlying	Security	Derivative	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Deriv	ative	7e		Secur	rities	(Instr. 5)	Securities	Derivative	Ownership
	Derivative				Secur				(Instr.	. 3 and		Beneficially	Security:	(Instr. 4)
	Security				Acqu	ired			4)			Owned at	Direct (D)	
					(A) o	(A) or					End of	or Indirect		
					Disposed								(I)	
					of (D)					Fiscal Year	(Instr. 4)			
					(Instr. 3,						(Instr. 4)			
					4, and 5)									
										Amount				
							D.	.		or				
								Expiration	Title Number					
							Exercisable Date		of					
					(A)	(D)				Shares				

Reporting Owners

Relationships							
Other							

Signatures

/s/ Lori Norlen, Attorney-In-Fact for David E. Rindom	02/12/2016		
"Signature of Reporting Person	Date		

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.