UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

ER JAM	(First)	rson* (Middle)						rading Sy	mbol		5. Relation	nship of Rep	orting Perso	` /	r
	` /	(Middle)		2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director				
	(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET, PO BOX 130				3. Date of Earliest Transaction (Month/Day/Year) 06/13/2017							r (give title belo	ow)	Other (specify b	elow)
(Street) ATCHISON, KS 66002				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							Owned					
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	any		e, if	f Code (Instr. 8)		1		of (D)	Beneficia Reported	ally Owned Following Transaction(s)			Beneficial
					ear)	Code	V	Amour	(A) or (D)	Price	(Instr. 3 a	and 4)		or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
tock		06/13/2017				A		94 (1)	A	\$ 49.35	2,257			D	
							the	ntained i form di Disposed	n this fo splays a of, or Be	orm ard curre	e not requently valid	uired to res	spond unle	ss	1474 (9-02)
onversion	Date	3A. Deemed Execution Da	ate, if T	4. Transaction Code ear) (Instr. 8)		5. Number of Derivative Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. T Am Und Sec	itle and ount of lerlying urities		Derivative Securities Beneficially Owned Following Reported	Ownersh Form of Derivativ Security: Direct (I or Indire	Ownershi (Instr. 4)
				Code	V	(A) (D	Ex		Expiration Date	on Titl	Amount or Number of Shares				
tto por F	nversion Exercise ce of rivative	ock ort on a separate line for a separate lin	Date (Month/Day/Year) Ock 06/13/2017 Ort on a separate line for each class of secundary separate line for each c	Date (Month/Day/Year) Ock 06/13/2017 Table II - Derivat (e.g., pute secretive secretive surity Table II - Derivat (e.g., pute secretive secret	Date (Month/Day/Year) Ock 06/13/2017 Table II - Derivative Sectice (e.g., puts, calls any (Month/Day/Year) Table II - Derivative Sectice (e.g., puts, calls any (Month/Day/Year) Secution Date any (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year) Execution Date any (Month/Day/Year) Table II - Derivative Sectice (e.g., puts, calls any (Month/Day/Year) (Month/Day/Year)	Date (Month/Day/Year) Ock O6/13/2017 Table II - Derivative Securities beneficially own (e.g., puts, calls, was any continuous) Table II - Derivative Securities beneficially own (e.g., puts, calls, was any continuous) Neversion Date (Month/Day/Year) 3. Transaction Date (e.g., puts, calls, was any continuous) Exercise (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Instr. 8)	Date (Month/Day/Year) Date (Month/Day/Year)	Date (Month/Day/Year) Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Code (Instr. 8) Code V Date (Month/Day/Year) Code V Date (e.g., puts, calls, warrants, option Code Code V Date (Month/Day/Year) Securities Code V Date (e.g., puts, calls, warrants, option Code Code	Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) Code (Instr. 8) Code (Instr. 3) Code V	Date (Month/Day/Year) Date (Month/Day/Year) Execution Date, if (Instr. 8) (A) or Disposed (Instr. 3, 4 and 5)	Date (Month/Day/Year) Date (Month/Day/Year) Execution Date, if (Month/Day/Year) Code (Instr. 8) (A) or (Instr. 3, 4 and 5)	Date (Month/Day/Year) Date (Month/Day/Year) Execution Date, if (Month/Day/Year) Code (Instr. 8) (A) or Disposed of (D) (Instr. 3, 4 and 5) (Instr. 3 and 5)	Date (Month/Day/Year) Execution Date, if (Month/Day/Year) Code (Instr. 8) Code (Instr. 8) Code (Instr. 3, 4 and 5) Reported Transaction (Instr. 3 and 4) Ock O6/13/2017 A 94 (II) A \$49.35 2,257 Ort on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of int contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required to rettee form displays a currently valid OMB contained in this form are not required form and the form displays a currently valid OMB contained in this form are not required form an	Date (Month/Day/Year) Execution Date, if (Month/Day/Year) Code (Instr. 8) (A) or (Disposed of (D) (Instr. 3, 4 and 5) (Instr. 3 and 4) Ock O6/13/2017 A 94 (II) A \$ 49.35 2,257 Persons who respond to the collection of information contained in this form are not required to respond unle the form displays a currently valid OMB control number of (Month/Day/Year) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Ock O6/13/2017 A 94 (II) A \$ 49.35 2,257 Persons who respond to the collection of information contained in this form are not required to respond unle the form displays a currently valid OMB control number (e.g., puts, calls, warrants, options, convertible securities) Ock O6/13/2017 A 94 (II) A \$ 49.35 2,257 Persons who respond to the collection of information contained in this form are not required to respond unle the form displays a currently valid OMB control number (e.g., puts, calls, warrants, options, convertible securities) Ock O6/13/2017 A 94 (II) A \$ 49.35 2,257 Persons who respond to the collection of information contained in this form are not required to respond unle the form displays a currently valid OMB control number (e.g., puts, calls, warrants, options, convertible securities) Ock O6/13/2017 A 94 (II) A \$ 49.35 2,257 Persons who respond to the collection of information contained in this form are not required to respond unle the form displays a currently valid OMB control number (instr. 3, 4, 3,	Date (Month/Day/Year) Execution Date, if (Month/Day/Year) A Q4 (II str. 8) (A) or Disposed of (ID) (Instr. 3, 4 and 5) (Instr. 3 and 4) Ownership Form: Disposed of (ID) or Indirect

	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
BAREUTHER JAMES L C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET, PO BOX 130 ATCHISON, KS 66002	X					

Signatures

/s/ Lori Norlen, Attorney-in-Fact for James L. Bareuther	06/15/2017		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Represents award of unrestricted shares in lieu of cash retainer and meeting fees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.