## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Response	s)															
1. Name and Address of Reporting Person * Foglio Anthony P.					2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  _X_ Director 10% Owner					
(Last) (First) (Middle) C/O MGP INGREDIENTS, INC., 100 COMMERCIAL STREET					3. Date of Earliest Transaction (Month/Day/Year) 10/03/2017							Office	er (give title belo	ow)	Other (specify	below)	
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)							h/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line)  Form filed by One Reporting Person Form filed by More than One Reporting Person					
ATCHISON, KS 66002 (City) (State) (Zip)				Table I - Non-Derivative Securities Acqui							Securities	ired. Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execu any	Deemed ecution Date, if	3. Transac Code (Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)		quired of (D)	5. Amour Beneficia Reported	nt of Securities ally Owned Following I Transaction(s)		6. Ownership Form:	Beneficial		
				(Month/Day/Year)		Со	de	V	Amoun	(A) or t (D)	Price	(Instr. 3 a	nd 4)		Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)	
Common	Common Stock		10/03/2017			Α	1		303 (1	) A	\$ 61.85	7,921	21		D		
								quire	the f	orm dis	splays a of, or Bei	curre	ently valid	OMB con	spond unle trol numbe		
(Instr. 3)		3. Transaction Date (Month/Day/Yea	3A. Deemed Execution Da	4. Transaction Code Year) (Instr. 8)		5.		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. 7 An Un Sec	Fitle and nount of derlying curities str. 3 and	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form o Derivat Security Direct ( or Indir	Benefic Owners (Instr. 4		
					Code	V	(A)	(D)	Date Exer	cisable	Expiration Date	on Tit	Amount or Number of Shares				
Report	ting O	wners															

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Foglio Anthony P. C/O MGP INGREDIENTS, INC. 100 COMMERCIAL STREET ATCHISON, KS 66002	X						

## **Signatures**

/s/ Lori Norlen, Attorney in Fact for Anthony P. Foglio	10/05/2017
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Represents award of unrestricted shares in lieu of cash retainer and meeting fees.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.