FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)												
Name and Address of Reporting Person Glaser Stephen J	2. Issuer Name and Ticker or Trading Symbol MGP INGREDIENTS INC [MGPI]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) C/O MGP INGREDIENTS, INC COMMERCIAL ST.	3. Date of Earliest Transaction (Month/Day/Year) 03/06/2018					X Officer (give title below) Other (specify below) Vice President						
(Street) ATCHISON, KS 66002	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State)	Table I - Non-Derivative Securities Acqu						ired, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye		2A. Deemed Execution Date, i any (Month/Day/Year	(Instr. 8)		(A) or Disposed of (D) (Instr. 3, 4 and 5)			Beneficial	t of Securities ly Owned Following Transaction(s) nd 4)		Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amoun	(A) or (D)	Price				(I) (Instr. 4)	(msu. 4)
Common Stock	03/06/2018		A		2,272 (1)	A	\$ 0	16,995	2)		D	
		Derivative Securit		conta the fo	ained ir orm dis sposed o	this form plays a coof, or Bene	m are curre	e not requently valid		spond unle trol numbe	ss	1474 (9-02)
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Ye	Transaction 3A. Deemed		5.	tions, convertible securi 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)			9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownersh Form of Derivating Security Direct (I or Indire	Beneficia Ownershi (Instr. 4)	
		Code V	(A) (D)	Date Exerc		Expiration Date	Title	or Number of Shares				
Reporting Owners												

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Glaser Stephen J C/O MGP INGREDIENTS, INC. 100 COMMERCIAL ST. ATCHISON, KS 66002			Vice President				

Signatures

/s/ Lori Norlen as attorney-in-fact for Stephen J Glaser	03/08/2018
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)
- (1) Restricted stock unit award which will vest on March 5, 2021.
- (2) Includes shares previously held through ESPP.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.